

# How does healing work?

Jim LeBeau Certified Natural Health Care Practitioner

In healing as Jesus taught bodies and souls are healed together. “Which is it easier to say, your sins are forgiven or take up your bed and walk”. The paralytic was both forgiven and healed. That power works for us with healing and forgiveness in tandem if we realize forgiveness applies both to mistakes of the heart and also to mistakes of the body “temple of God”. Besides mistakes related to addictions, junk foods, gluttony etc. there are mistakes related to laziness; willful ignorance; too much TV, and whatever else messes up a body and brain. Correct these (“sin no more”) and the Lord brings us to a healing path with forgiveness and healing working together. This is “holistic” or whole person healing that blesses both now and later. A legal drug fix can’t do that.

Any discussion of “healing” must also include the big picture of social diseases such as random acts of violence, mass murders, and sexual confusion and perversion. It only makes sense that mistakes caused by human arrogance and ignorance that mess up bodies and brains on an individual basis will also have toxic effects in the big picture. The current discussion and confusion around sexual issues hasn’t come “out of the blue”. Cause and effect, reaping what we sow, applies here as it does for any farmer, just as Jesus taught.

As for sexual perversion and confusion, connecting the dots from “seed” to “fruit” is not that difficult although few “experts” are doing it. Most of us understand the power of hormones to shape a developing body in the young while also shaping sexual preference later. What’s missing is the dot that connects minerals like zinc and magnesium and hormone factors like vitamin E found in the bran and germ of a whole grain of wheat but not in white flour to LGBTQ issues. The white flour story goes back 500 years to the invention of the grain mill. Zinc is more concentrated in the male prostate than anywhere else in the body. Both zinc and magnesium are critical to all aspects of body function, *zinc being critical to healthy sexual experience and expression!* Add

pesticides and other “estrogen mimickers” to the mix and you have a perfect storm to explain the “sudden” appearance of feminization of males and premature puberty in both males and females.

Many of us get sick and die prematurely because in life we never learned how healing works. Some think it works by a trip to a doctor followed by a trip to a drugstore. Follow the crowd, feast on processed chemically grown and (GMO) gene modified food and drink. “When you are sick see your doctor”. Why bother learning God’s ways of life and healing? First come obesity and pre-diabetic “metabolic syndrome” or an autoimmune disease from aspartame in diet coke or any one of a thousand diseases related to man’s ways of disease and death. Then come aches, pains, fatigue, weakness, more trips to the doctor, symptoms for which your doctor gives a long name so you can rest assured none of it is your fault. Next comes a premature funeral.

Some are learning that healing works by RESPECT for “all things made by Him” just as life works (John 1:3). They both work by things like clean air and clean water; whole foods; herbs; active lifestyles; truth, family; community; love; and pastors and priests who teach how healing and life work because big business and big government don’t. Jesus as the “Author of life” is relevant not only to “things” but also SYSTEMS of life. Examples are a natural way to feed a baby; a natural system to fertilize the soil and grow food; natural ways of healing etc. Words like “organic”, truth; “fasting and praying”; and respect for life as God has made it all apply “O you of little faith” (Matthew 6:25-30).

God’s children suffer due to the lack of a major institution teaching how God’s ways of healing and life work – the job of church. Without this by default the job is left to big business and big government. Notice how that has turned out.

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