

It's not just about guns. It's not just about mental illness. It goes deeper. It's about **SACRED RELATIONSHIPS** that God created that are not understood or taught. Read this booklet to learn root causes of **mass murders, cancer, autism, Alzheimers**, and much more. What's going on? What can we do about it?

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"Some of the most important information you can get your hands on"
Marcia Braun Racine, Wisconsin

God's plan for making A Healthy Baby

*And for healing **cancer, mass killings,**
and a hundred more evils of life*

By James LeBeau



AND A LITTLE CHILD SHALL LEAD THEM" Isaiah 11:6

Dedicated to Jesus and those Who love babies as much as He did and still does

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READ THIS FIRST

Take a close look at the baby picture on the front cover. You are looking at a baby *as only God can make a baby. Notice the strong confident look - especially the eyes.* Only God can make a tree and only God can make a strong confident baby, but He needs our help.

There are three things every newborn baby needs soon after birth - *mother's milk, mother's love, and a healthy mom and dad.* Thanks to manmade chemicals toxic to every living thing and other ways some disrespect creation and its systems (such as processing of foods and GMO-genetic modification) not one baby born today gets all three. The good news is that if we can heal babyhood we are all made whole because *a healthy baby demands respect for all systems God made to support the wholeness of human life.*

THE KEY – for wholeness to work for babies it must also work for moms and dads and bees and birds and you and me and everybody and everything. We're all connected. We have no choice. We must make God's ways work for babies. Other good things will follow.

Meanwhile America is losing it with epidemics of mass killings, autism, Alzheimers, cancer, surprise heart attacks, metabolic syndrome, and on and on - too many sad and sick things to mention. An MIT professor said that if present trends continue, 50% of American kids will be autistic by 2025. Hundreds of detectable levels of toxic chemicals found in umbilical cord blood in a Red Cross study (EWG) - who will lead us out of this mess?

"A little child shall lead them". Isaiah11:6

The pathway to wholeness should begin at birth, but can start anytime. What could be more exciting than a path that helps the baby next door and babies around the world get a good start in life? Introducing **Nutrition-For-Life** - *pathway to wholeness*

Two paths in life...

One path leads to *cavities and drilling, autism and developmental disorders, heart problems, cancer, obesity, diabetes, stupidity, violence, millions of kids on psychiatric drugs, misery in old age or sooner, depression, sore body parts (hips, knees), dementia, medical and drug dependency, rage so blind it kills young and old with random indifference, chemical-GMO madness, abandoned bee hives, demineralized dead farm soils, dying oceans, premature disease and death for millions...the list goes on and on.*

The other path is straight and narrow and leads UP. On this path babyhood and adulthood are both healed. We enjoy life "**more abundantly**" - God's will for us (John 10:10). It's a path that takes work, but wholeness is God's will for us and our little ones. *Hear the call to wholeness* - a voice that whispers across the eternal stillness of time and space and says to a listening soul - BE WHOLE. A theology of healing and wholeness is more scriptural than a theology that lets the masses be blindly led off a cliff. The world needs a gospel that covers the bases of *body, mind, spirit, healing, wholeness*. Grab a plate, knife, fork. Eat.

Babies need moms and dads who understand babyhood and are whole themselves. Two are better than one but if only one is healthy *it must be the mother*. Her milk and love come first. Dads count, but in infancy only mothers supply milk and the love that goes with it.

How things go wrong – and right

Imagine a tree with dying leaves. You can try to heal that tree leaf by leaf, or heal the tree at root level. *Babies are at the root level of life*. The multitude of evils listed above are “fruits” of root level toxicity when life takes a first breath and swallow. “A tree is known by its fruits” (Jesus). “Experts” can easily mislead moms and dads, but God is not mocked. Fruits are consistent with seed (cause and effect). Having trouble connecting the dots? Read this book to the end. Learn how ROOT level breakdowns have effects that only show up many years later such as cancer in old age, or a rage that blindly kills kids in schools.

FOR THINGS TO GO RIGHT - *pulpits must teach a wholesome gospel that explains how truth and love work in infancy and old age as SACRED RELATIONSHIPS are honored*. The simple truth has power to bless and heal - the stuff of miracles. Read on and please...

Notice babies as you are out and about – especially those between 2 and 6 months of age. Are they strong enough to hold heads up - or weak and limp? Do they look strong and confident or puzzled, confused, and sad? How do their mothers hold them – like something precious or like a rag doll or “thing”? When you see babies and mothers missing a holy relationship *pity and pray for both and for us too*. We all pay a price when life is messed up at the infancy level. As you notice babies you will develop sensitivity for them *like our Maker*. Read the gospels. Did Jesus care for little ones? It's about babies – souls too.

The wonders and joys of babyhood

“Be holy because I am holy” said the Lord.

God is in the precious and holy baby business. All living things make babies each after its own kind. Elephants, dolphins, dogs, cats, and people all love their babies. God loves babies. Jesus loved and loves babies. The parent-child relationship is basic to creation. God had a

baby Jesus with angels singing to shepherds and wise men bringing gifts of *cancer fighting herbs frankincense and myrrh* (for proof of their cancer fighting power visit the National Library of Medicine – a link and other RESOURCES are on page 20). You guessed it. God's plan means *less cancer for mothers and babies*.

Does the “cure for cancer” depend on holiness? Herbs? Nutrition? Truth? Answers are in these pages. Imagine if all churches taught boys and girls the following *proven secrets of sanctity* before they started having sex:

- Value of colostrum to give infant digestion and immunity a good start with “transfer factor” to transfer mother's immunity to baby while infant immunity is developing;
- Power of luteinizing hormone to contract and restore lower half of body stretched by childbirth; same hormone inhibits ovulation to avoid a too soon pregnancy. God thought of everything!
- Value of species specific milk. For example, cow milk has the perfect balance of minerals, protein, and fats a calf needs to make *big bones first*, a small brain later - human milk the same to make *a big brain first*, smaller bones later. Mix things up - adults with big bones, small brains – no surprise.

Above are some reasons for churches to learn and teach the sanctity of the mother-infant relationship. What's a life worth? If we can miss the consistency of milk for different species, what else can we miss? Can we miss the causes and cures of the “leprosy” of our time – cancer? *What's a life without fear of cancer worth?*

The “type C” (cancer) personality

Many studies have shown that people who get cancer have trouble expressing their feelings. Suppression of feelings is a key symptom of the “type C personality” as reported in *CANCER DIAGNOSIS* by John Diamond M.D., W. Lee Cowden, M.D., and Burton Goldberg. The authors cite several studies the longest of which began in 1946 involving a psychological profile of 972 students at Johns Hopkins University.

KEY CONCLUSION: Students classified as “loners” who suppressed their feelings were “*16 times more likely to get cancer*” than those able to freely express their feelings. Imagine “*16 times more likely to get cancer*”! Another study showed that adults who were not close to their parents also were more likely to get cancer. If we don't feel loved by those who brought us into the world where does that leave us? It probably leaves us empty, hurt, stressed, in pain, in some kind of hell.

David Brooks, columnist for New York times, referred to mass murderers as “alienated loners with self-worth issues.” Who would think that how babies are treated could not only make more cancer but also more “alienated loners” who shoot people in bunches? Should we be surprised if some “loners” take their pain out on themselves with cancer - or on others with random indiscriminate violence? Who is connecting the dots? IS THERE A LITTLE “LONER” WITH SELF WORTH ISSUES IN MANY OF US? The answer is likely yes. You may or may not recognize it.

What can you do if you suspect that you have some “loner” in you with some self-worth issues - suppression of feelings etc.? What if you want to help others with this problem? What if you are making babies and don’t want to make an “alienated loner?” Preventing and healing the “loner” syndrome with its multi-dimensional pain and suffering is what this book and much of the Bible are all about. Keep reading.

Our goal is first to understand *the roots of the “loner” syndrome* - the emotional and spiritual side. To understand the cure for cancer and the “loner” personality and other sick consequences of not following God’s plan we must look to the cause. The cause points to the solution. We begin by looking at the clinical practice of two psychologists. One treated “terminal” cancer patients after they were given up by their doctors to die. He reportedly didn’t lose a patient for nine years. How did he do it? Seatbelt fastened?

Cancer – The Cause

HERE IS THE STORY OF A MAN WHO REPORTEDLY KEPT TERMINAL CANCER PATIENTS ALIVE WITHOUT PILLS, VITAMINS, DRUGS, SURGERY, RADIATION, OR CHEMO.

Meet Dr. Frederick B. Levenson, a psychoanalyst who treated “terminal” cancer patients for over ten years before writing his book *THE CAUSES AND PREVENTION OF CANCER* (Stein and Day - out of print but copies may be found at amazon.com). Dr. Levenson describes his clinical experience and explains how minds and hearts are programmed for cancer and alienation at infancy, and how they can be healed *even if past age 80!*

Mind over cancer

Through his publisher Dr. Levenson reported that he lost one patient in his first year of practice working with “terminal” cancer patients. During the next nine years *“none of his ‘terminally ill’ patients died of cancer.”* Dr. Levenson has since passed on but we will use the present tense to describe his methods and principles *because they are spiritually eternal.*

Dr. Levenson describes how he treats “terminal” cancer patients with an ancient medicine – love. He explains how love as a healing power must be applied at a certain time and in a special way (as explained later) to keep a “terminal” cancer patient alive.

Treating cancer with love...how practical can that be? Don't you need surgery or radiation or chemo or some powerful mother earth medicine to treat cancer? Let's see why the publisher reported that Dr. Levenson “hasn't lost a patient in nine years.” We should note that Dr. Levenson is not the only doctor to keep “terminal” cancer patients alive without drugs, chemo, or radiation. Another is Dr. Lawrence LeShan who has been counseling “terminal” cancer patients for years. He reports about a 50% success rate – more later.

The Cause explained

Dr. Levenson agrees with those who say that cancer has many causes. He calls them “irritations”. Irritations that he considers to cause cancer include all things we have been told cause cancer such as chemicals, smoking, x-rays, radiation, pesticides, toxicity from faulty digestion, old age etc., whatever leads to cell mutations. To all this we might add cells having trouble getting the garbage out or cells having trouble breathing due to a shortage of oxygen related to a pH imbalance.

This reminds us of Otto Warburg who created cancer in dozens of different species of animals by injecting acid into their bodies to lower pH and oxygen delivery to cells. He considered *stress to cells caused by lack of oxygen to be the “primary cause” of cancer.*

Dr. Levenson had a different idea. An “irritation” from his point of view could be something physical like lack of oxygen or a chemical *but also anything or anybody who rubs you the wrong way or a life experience that takes the bottom out from under your life. This could be divorce, death of a loved one, loss of a job etc.*

The statistical correlation of cancer to *life's major stressful events* has been fairly well documented by research of Dr. Lawrence Le Shan and others going back to 1926. All “irritations” may help to explain what causes cancer, but according to Dr. Levenson the irritations themselves only determine *the timing and location* of the cancer. They are not the “primary cause”.

Before the irritations Dr. Levenson believes there is a psychological (spiritual) *predisposition* to cancer. This predisposition affects the body at the cell level and creates the “milieu” or environment that cancer cells need to grow in. This idea correlates with personality traits of the “type C” personality studied by Dr. Lawrence LeShan and others. It also correlates with

what Bruce Lipton Ph.D. found at the University of Wisconsin at the microscope level on effects of thoughts and feelings on *cell membranes and cell integrity* as explained in his book on epigenetics - **Biology of Belief**.

We should note that what Otto Warburg discovered about oxygen and cancer cells may also be considered as creating a “predisposition” to cancer with “irritations” affecting *only the timing and specific location* of the cancer. Could cancer have two “primary causes” - one on a thought/psyche level and one on a physical level?

If it were possible for Otto Warburg and Dr. Levenson to get together they likely would agree about an underlying “predisposition” but one would argue that the *physical* is primary while the other would argue that the *spiritual* is primary. Is it mind over matter or matter over mind? Why not both working together? Why not “holistic”? The million dollar question remains...*what causes the predisposition to cancer per Dr. Levenson in the first place?*

Spiritual predispositions

According to Dr. Levenson the predisposition to cancer happens early in life in a mother’s relationship with a baby. He found the mother-infant relationship has power to create a deep belief pattern limiting the *expression and experience of love and life even unto death* – unless one learns to “heal thyself”. Specifically, Dr. Levenson believes the predisposition to cancer is created by what he called...

“aberrations in maternal-infant bond”.

The above words are a direct quote. Can mothers and fathers without medical advice in harmony with God’s plan plant the seed of cancer without knowing what you are doing? Is it likewise possible to plant the *seed of wholeness* in a baby and know what you are doing?

There are good reasons to believe that “aberrations in maternal-infant bond” are a primary factor in a cancer rate of 50% and rising and now the #1 cause of death in many places including the state of Wisconsin. If so, shouldn’t we be interested in learning how *spiritual power* can be applied to heal not only predispositions to cancer but also to other kinds of pain and suffering.

Shouldn’t we question the ways we try to outsmart God while obviously outsmarting ourselves in the treatment of babies, growing of food, and healing of the sick?

How does love work? Let us count the ways.

According to Dr. Levenson (and many others) a baby's relationship with its mother is the single most important factor to determine how a person will experience life and express and experience *love*. The key word is *love*. Dr. Levenson...like most of us...believed that the primary relationship between a mother and a baby determines whether we experience the world as a friendly or *unfriendly* place. All childhood years are "formative" but he considered the first year to be the most important for what follows. His experience with "terminal" cancer patients suggests that we should take him seriously - as do our Bibles.

You may have heard the expression "*If you don't baby a baby you will later have an adult who needs babying*". This fits with what Dr. Levenson learned from "terminal" cancer patients. Maybe you will also have a society full of "alienated loners with self-worth issues" who are predisposed to cancer, dark thoughts, mass murders, suicides, destructive impulses that find expression in a hundred or more ways?

Why so many "aberrations"?

If God made all babies so lovable and huggable that adults and especially parents would instinctively want to hold them *and baby them* how could there be so many "aberrations in maternal-infant bonding" in America? Natural impulses would seem to automatically work to make emotionally and physically healthy babies...*unless* medical advice was not in harmony with God's plan and no other authority such as a church stepped in to teach *God's plan for infant wholeness including the sanctity of the mother-infant relationship*.

An outside medical authority could, for example, encourage the replacement of breast feeding with a bottle of animal milk – from a cow. Most people look up to their doctors. Apparently not all doctors look up to God. Some have not understood that God makes "mother's milk" specific to each species (the chemistry is different).

As previously explained and worth repeating, cow "mother's milk" has the perfect balance of nutrients a calf needs to develop *big bones first*, a small brain later. Human milk supports the opposite priority - *a big brain first*, smaller bones later. Has this had something to do with the "dumbing down of America?" Those who have studied the subject say mother's milk is not only species specific – it is also *family* specific. The immune antibodies passed on to a baby by a mother are specific to the diseases she has experienced in her life. They thus protect a baby from the diseases it is most likely to experience. Does your baby doctor understand this when putting baby on formula and injecting needle after needle in a tiny

body on a vaccine schedule that some consider related to autism and other neurological disorders?

On “formula” a baby might cry from a tummy ache. What if a baby getting a calf or soy or other formula cried a lot and mother is told by her doctor to “let them cry, it’s good for their lungs”. An exasperated mother might overdo that kind of bad advice and leave a baby to “cry it out” in a separate room with the door closed. To this situation you might add a social value system that keeps mothers working long hours with short maternity leaves and the stresses of modern life where people want to keep up with the Joneses.

With the attitude of most churches to leave body things and “temple care” to “experts” would this not be a perfect storm of circumstances for many “aberrations of maternal-infant bond” and years later a lot of cancer and violence, mental disorders, autism, disabled adults, diabetes, mass murders – and stupidity?

Mass killings – mental disorders – what’s behind it all?

Put a few things together – baby on bottle made to feel like a “loner” from birth on - add processed/junk foods – when ADD and ADHD come add Ritalin or Prozac or other drugs to manage behavior - when depression and other mental problems get serious add SSRI drugs that *take away all feelings except one* – INDIFFERENCE which is the exact opposite of love.

With this sick soup that varies in detail person to person you have a perfect storm - someone who could use any excuse to shoot kids in school after murdering his mother - (Adam Lanza – Sandy Hook), or fly a plane into a mountain with 150 on board and his heart not skipping a beat (Andreas Lubitz - German co-pilot), or a loner in Las Vegas killing 59 and injuring 527 (Stephen Paddock Oct. 1, 2017) – or a troubled youth shooting 17 in a school in Parkland Florida (Nikolas Cruz Feb. 14, 2018). Connect the dots. It’s not rocket science.

Some would ask...how could terrible things like this happen without the “experts” figuring it out? There are experts who do understand all this but they are not “mainstream”. They don’t make the nightly news. They try to wake others up who is listening? Most of the highest “authorities” are standing on the sidelines watching **as the wrecking ball is applied to the wholeness of life!**

As for the connection of nutrition to behavior read an Appleton Wisconsin school study showing how kids change from devils to angels in two years just by a change of diet from junk to real food – see Resources and References page 20.

We are only covering the big picture here as cancer and random violence have been going up decade after decade while billions have been spent in the wrong direction trying to win this or that “war.” We are only covering the big picture as much of humankind has ignored God’s plan for the wholeness of human life with only a small minority warning that more respect should be shown for how God created things to work in the *Genesis of life*.

The wonders of motherhood

Most understand the value of mothers milk but how many appreciate the *wonder of the nursing process*? How many girls and boys have watched or are watching brothers and sisters nursing from their mothers? How many have been brought up to think of breasts as having a primary purpose of sex instead of to make *strong, healthy, beautiful, babies*? Much of the media and modern media culture support this confusion.

The deep level of hurt and harm can be appreciated by those who have watched an infant immediately after breast feeding as it throws its arms back over its head in the “healthy baby” position and looks up into its mother’s eyes. Look closely. Notice the edges of tiny lips curled up in a *smile of love* back to a watchful mother and father and a heavenly Parent. With such a clear example of holiness how could anyone miss it?

We must presume that Jesus would approve of an approach to the mother-infant relationship that honors God’s plan. He loved and touched babies and children and insisted they be brought to Him. He even said “Out of the mouths of *nursing infants* you have perfected praise”. How many understand this? Did Jesus teach breastfeeding? He did by inference in Matt. 6: 25-34 where He explains how God provides for “lilies of the field” and “birds of the air” in practical ways including food. Would God provide wholesome food for birds and big people and not for babies?

What could demonstrate man’s separation from God more than denial to a baby the essence of its wholeness for body and soul...a wholeness free for the taking and giving as arranged by the Creator of all things healing and all things holy?

If you, like myself, are past the age of 50 this has happened on our “watch”.

2nd Request - Start to Notice Babies

NOTICE THE EYES. In breast fed babies of healthy moms you will not only see love and beauty – you will also see peace and power. You will see a calm confidence that is heaven made. You are looking at the closest thing on earth to heaven whose “spiritual counterparts do always gaze upon the face of My father Who is in heaven” - of whom Jesus said “Of such

are the Kingdom of God.” BABIES ARE IMPORTANT! So are we all. What you see in the eyes of babies you may see later in the eyes of some adults.

Can love cure cancer?

Dr. Levenson teaches the amazing idea that emotionally devastating effects of late stage cancer actually are of great help in setting the stage for the *healing* of cancer.

For Dr. Levenson the psychological breakdown that cancer brings most people to is exactly what they need and what he needs to apply his therapy – love. He finds the natural effects of cancer to be *helpful* to the deeper level healing that must be done. He finds “optimistic” cancer victims in the early stages to be the hardest to treat. In other words...from Dr. Levenson’s point of view and to help heal his patients of deep buried pain...*thank God for cancer*. We should ponder whether this level of healing also has eternal consequences?

When cancer brings Dr. Levenson’s patients to the crying and kicking stage of helplessness and frustration like a baby brought back to the infant stage where there is a buried memory of love denied and the spiritual seeds of cancer were first planted...then only does the heart open. Only at this time in the therapy process does the right medicine have a chance to enter into a heart to “heal the broken hearted” – to give a soul what it cried for and didn’t get perhaps more than 80 years earlier.

That right medicine is simply *love*. It is during the helpless and pitiful expression of the deepest UNFILLED NEED FOR LOVE that Dr. Levenson finds his patients *becoming the most lovable...as lovable as babies!* He recounts the story of one patient who became as lovable as a baby in this way in his office at the age of 82. It apparently is never too old to learn how to love...to cry, open a heart, and *be made whole*.

When emotional defenses are broken down and the damning turns into cries for help like a baby left alone to cry in despair and frustration...then Dr. Levenson keeps his “terminal” cancer patients alive *by loving them*. He becomes their “surrogate mother” (his words). His patients then get their lives together and start doing the right things for themselves.

Although not specifically mentioned in his book we might presume Dr. Levenson’s patients begin to eat and drink the right things too as they find their intuitions working for them...*and they do not die of cancer*. Love has worked a miracle. Why should we be surprised at the power of love if “God is love” working on the spiritual level - and also on the organic level of fruits, vegetables, seeds, nuts, whole food nutrition, fresh air, water, and sunshine.

Time for a deep breath

We should pause...take a deep breath...think about the *power of love*. “Terminal” cancer patients not dying of cancer, finding new purpose in life – amazing. When we think about the power behind solar systems and galaxies and babies wouldn’t it be more amazing if love didn’t have the power to perform a relatively minor miracle like the healing of cancer? Perhaps the more amazing thing is that some of us are willing to deny God’s plan for the most helpless and innocent among us or watch it happen and say and do nothing about it. “They know not what they do”.

When healing happens by the power of love it might be proper to say *thank God for cancer*. Life goes on better than ever. The same goes for someone using God’s medicine of mother nature. That too is love at work. Thousands are reported to have healed their cancers using biological therapies but you won’t hear about that on the nightly news that drug advertising controls.

Rev. Clifford Oden had his own case of cancer. He was told surgery was the only option or he would be dead within 5 years. He did not do the surgery. He healed himself using the love God put in creation at the *nutritional* level, a love Jesus told us about (Matt 6: 25-34). He never met Dr. Levenson. Fifteen years later he wrote a book called THANK GOD I HAD CANCER. His cancer healing story is one of thousands based on the use of natural biology or what is called “naturopathic” or natural healing (see Resources page 36).

We can see that there might be three good reasons to be thankful for cancer. One - cancer can show us the way to wholeness on the *physical* side. Two - cancer can show us the way to wholeness on the *spiritual* side. Three - thankfulness itself is healing to body and soul.

But what if you get cancer and nobody is around who understands “predispositions” or healing power from God at both biological and spiritual levels? What if you are a baby crying for mother’s milk and love and nobody hears or cares? What if you get cancer and suffer and die? What if you cannot find a doctor like Walt Larimore M.D. (author of “**God’s Design for the Highly Healthy Child**”) who understands God’s plan for making a healthy baby? (see Resources page 20).

We all bear a serious responsibility when it comes to God’s plan, moms, dads, babies, Jesus, our own souls.

*“Whatsoever you have done (or not) for these the least of my brethren,
you have done (or not) for Me”.*

Cancer as a catalyst for growth

Dr. Levenson is by no means the only person to discover that *love* helps to heal cancer. Dr. Lawrence Le Shan has been working with “terminal” cancer patients for over 25 years. He reports that he has been able to help about half of his patients stay alive who otherwise might have died from their cancers. His research closely parallels the findings of Dr. Levenson with a minor twist or two.

Dr. Le Shan emphasizes the importance of love and *total honesty* as a starting place in the healing process – enough to follow a dream of the heart in fulfillment of a lost life purpose. Dr. LeShan found that people with cancer are generally not happy with their lives - what they are doing - maybe with whom they are doing it.

The self-examination encouraged by Dr. Le Shan always requires total self-honesty. It usually means a total life change. Priorities are re-established in the direction of heart level *joy and fulfillment* rather than just going through the motions of fulfilling someone else’s ideas of what you should do and who you are. For the cancer victim according to Dr. Le Shan...*throw out the rulebook of life imposed on you by others and write your own.*

It is appropriate to mention that with multiple causes of cancer on a physical level such as manmade chemicals acting as “triggers”, happy people can get cancer as can their happy children. Many doctors now use some version of “integrative” medicine or what you might call WHOLE PERSON healing. The **Wholeness of Christ** is what life is all about.

Nice people do get cancer!

Of course “nice people” get cancer because many are working extra hard for love and approval, not having got it as babies. Does an “alienated loner” really enjoy shooting others before killing himself? Not likely.

Most of us may succeed for a time in keeping a deep unmet need for love camouflaged by a “nice person” front not realizing that *more honesty is needed*. Being “nice” may not be the key to cancer survival or spiritual survival. *Being honest to God* takes it to a deeper level.

HOW HONEST IS HONEST? HOW TRUE IS TRUE? WHO AM I? WHAT’S MY WORTH? These questions get to the holy of holies - “the spirit of truth” – the God within – but only if a brain is not under the influence of legal or illegal mind altering drugs and chemistry. *God hears the cry of a soul hungry and thirsty for mercy, healing, and love. That’s a promise of Jesus.*

“Be merciful and you shall receive mercy”. God does not leave us crying because “it’s good for their lungs”.

“God is true” wrote the beloved disciple John. In scripture the “true” and “truth” idea comes up over and over. If we want a predisposition to healing and wholeness we must get past “goodness” and *get real – get honest*. “Why do you call me good- there is none good but God” said Jesus. Our pain serves a divine purpose if it helps us hear the call to wholeness - a voice that whispers across the eternal stillness of time and space and says to a listening soul - *be whole*. Also -

“Come unto Me all you who are heavily laden and I will give you rest. Take my yoke upon you and learn of Me for I am meek and lowly of heart and you shall have rest unto your souls. My yoke is easy, and my burden light”.

According to Dr. LeShan an honest conversation can become the catalyst for change and for healing cancer. He concluded this after many years of work with cancer victims. The complete story of Dr. Le Shan’s work is covered in his book **CANCER AS A TURNING POINT**.

Blessings for mothers too!

It’s not just about babies. Honoring the mother-infant relationship means *less cancer and less of other health problems for mothers* – according to a Harvard University study. The headline in a Time article, June 2013 “More Breast Feeding Could Save Billions and Prevent Thousands of Breast Cancer Cases”. The study reported that mothers who breastfed for one year enjoy 5000 fewer cases of breast cancer, 54,000 fewer cases of hypertension, and about 14,000 fewer heart attacks *per year*. Not mentioned is the JOY of a blessed intimacy.

On page 3 of this book are listed many negative consequences of not following God’s plan in addition to cancer. By now you realize that when we don’t honor God’s plan, the fallout goes in many directions. By now you understand the power of healing a sick tree at the ROOT level and blessing a life at the BIRTH level. By now you should be connecting the dots with a true light vision for *how love can work in many different ways to heal seemingly disconnected things*. Your baby, all babies, and God Himself are counting on you to do so. This brings us to the importance of -

Healthy moms and dads

A baby needs a happy and healthy mom and dad. Beautiful babies come from parents who live wholesome lives. This is where doctors and churches are important if they understand and teach the basics of human wholeness that you are learning here. There are many ways

to *not* be healthy. We can fret, smoke, drink, eat, and think ourselves to death. THE BASICS for healthy parenthood are simple – *breathe right; drink right; eat right; think right*. The gospel of Jesus covers the “*think right*” part. Below is more detail on the other three. If more is needed, pursue one of the additional options such as the idea of “body systems balancing”. Be sure to get the free download from www.phpower.org titled THE POWER OF SELF-DIRECTED HEALING. See RESOURCES page 36 and inside of back cover. Meanwhile here are the three basic things that all moms and dads and anyone who wants good health need to get right:

1. **Breathe right** - fresh air and exercise get oxygen through tiny arterioles to the cells. Life depends on oxygen first, last, and always. Acid-alkaline balance or pH is directly related to oxygen.
2. **Drink right** – means enough clean water to keep urine on the light yellow side. Not generally known is the connection of the sodium-potassium balance to body fluids and blood pressure. Learn about this in a “Body and Soul Repair kit” – see the home page and other pages at www.phpower.org for details.
3. **Eat right** – eat foods the way God makes them. Fresh and raw have special health and healing properties with C, methylsulphonylmethane (MSM), enzymes, juices etc.

The above basics may be all some moms and dads need to be healthy enough to make healthy babies. Some may need to go further in the direction of *better lifestyle management*. The truth is that chronic disease has been working down from older to ever younger ages. Recently a case of “*adult*” onset diabetes was reported in a three year old. Cancer is statistically an “old age” disease but kids are getting it along with arthritis and other “old age” problems. Are they “living old enough to get it”?

A key concept in adult wellness based on self-testing used by thousands worldwide is “body systems balancing”. Naturopathic and nutritionally trained doctors know that if you want to be healthy and stay healthy as you age *you must learn to keep key body systems in balance*. There are five body systems you can test and balance at home for little or no cost: pH, digestion, blood sugar, body temperature, and blood pressure. For more detail visit www.phpower.org.

Body systems and their health connections could fill a library. Unless you settle for a “symptom” drug based approach to health with side effects, a good option is to learn to balance your body with things of God such as *whole foods; water; sunshine; herbs; vitamins, minerals, enzymes, antioxidants, exercise, lifestyle control, etc.*

Consider pH and its relation to oxygen and cancer. As previously noted Otto Warburg won two Nobel prizes for discovering that low pH (acidity) correlates with low oxygen and more cell mutations – *and more cancer*. Ever hear of cancer of the heart? Not likely since our hearts get the first helping of oxygen. Mayo Clinic reports heart cancer is “extremely rare”, happening mostly when cancer cells migrate from other body parts.

Common cancers – breast, prostate, colon, lungs covered with tobacco tar etc., *are body parts with less circulation and thus less oxygen*. It all makes sense. It also points the way to a cure for cancer. If a mother doesn’t use her breasts as God intended - less circulation, less oxygen to cells, more cancer. If you don’t exercise enough or are overweight it affects both circulation and oxygen and thus – more cancer. It all fits. It’s not rocket science.

Among body systems, digestion, like pH/oxygen, relates to everything in the body. Blood sugar also has multiple disease connections including cancer, ADD and ADHD in children, alcoholism etc. Cancer cells have far more glucose receptor sites than normal cells - they need their “sugar”. You may have guessed that a way to make cancer cells uncomfortable to the point of self-destruct (apoptosis) is *pH/oxygen up - blood sugar down*.

Body chemistry is involved in more than just the physical half of life. It also affects *feelings* that correlate with the “type C” personality and *how we express love* (or not). For example, mental symptoms related to blood sugar imbalance listed by James Balch M.D. (Prescription for Nutritional Healing) include short temper, extreme aggression, irritability. Note not only the love connection but also the violence and mental health connections.

The spiritual component underlying the use of natural things God made for healing purposes is *respect for creation*. God looked it over on the sixth day and saw it was “very good”. Who, among humans who have never made living thing, can argue with that?

The idea is not to be “healthy as a horse”. The idea is to be healthy as a Child of God. This means “complete in Him” - the **wholeness of Christ**. Power to find this level of wholeness is in the words spoken by Christ Who was “*The Word made flesh*.”

The two sides of life

Jesus recognized two sides to life with “What is born of flesh is flesh; what is born of spirit is spirit.” God’s love works on all levels of body and soul. We can only find “wholeness” by honoring His love on all levels. Mess up a body – mess up a brain – mess up a mind – *mess up a life*. Mess up a truth – mess up a thought - *mess up a soul*.

The simple truth is that all parts must work together to heal - to make whole. The dance of life is a two-step. The one step hop is a flop. Every flop can hurt, some a lot.

The Power of Seven

Healthy babies need healthy moms and dads. Healthy moms and dads need a healthy support system of clean air, water, whole foods, healthy lifestyles etc. This in turn depends on all of us doing our parts, which in turn *depends on someone teaching all of this*. This is where pastors, priests, and churches come in. *We are all in this together under the sun and under the Son*.

Seven is an important number. It took *seven* days to make heaven and earth. It takes *seven* colors to make whole spectrum sunlight and a rainbow - *seven* notes in a musical scale. It takes **# 7** of **SEVEN SACRED RELATIONSHIPS** to make it all work. **"7"** is recognized by some Biblical scholars as the number of completion - 666 "the number of man" (Rev. 13:18).

SEVEN SACRED RELATIONSHIPS

1 – Mankind to God – "in whom we live and move and have our being" Acts 17:28 – "Love the Lord your God with all your heart, soul, strength, and mind." Luke 10:27

2 – Husband and wife (marriage) - "For this cause shall a man leave father and mother" Matthew 19:5

3 – Parent to child – moms and dads must honor the sanctity of the mother-infant relationship *including mother's milk*. "Take heed that you despise not one of these little ones; Matt 18: 10; "Out of the mouths of babies and nursing infants you have perfected praise" Matthew 21:16

4 – Person to person - "Love one another" – "Serve one another" – "forgive one another" – golden rule etc.

5 – Mankind to mother earth- "The earth is the Lord's and the fullness thereof" Psalm 24; Luke 12: 6-7

6 – Mankind to the body "temple" – "I will praise you; for I am fearfully and wonderfully made" Psalm 139:14 "*Heal the sick*" Matt. 10:8; "Do you not know you are a temple of God and the Spirit of God dwells in you? If any man destroys the temple of God him God will destroy for the temple of God is holy..." 1Cor. 3:16

7 – Shepherd to flock - "Go forth – teaching them to observe all things whatsoever that I have commanded you" Matt 28: 19-20 "Feed My sheep" John 21: 15-17

Pain and Suffering

When any one of the **SEVEN SACRED RELATIONSHIPS** is violated the result can only be pain and suffering. We reap what we sow. For example -

3 – Parent to child - God has put a desire in the hearts of all newborn babies to seek their mother's milk and in the hearts of all mothers to give it to them - true for both animals and people. Only people mess this up. In this book we have seen some of the "fruits".

5 – Mankind to mother earth – we live in a world of artificial chemicals found in almost everything made or touched by humans. Many do not realize that runoff from chemical farms is by far the #1 source of toxic chemical pollution of earth, water, and mother's milk – besides making hundreds of "dead zones" in oceans at the mouths of rivers. Poisons that disrupt cellular respiration in insects to kill them instantly also disrupt cellular respiration in cells of human bodies – where did that cancer come from? The pesticides and herbicides come around to haunt those who use them, and little ones who are innocent victims. A baby before birth doesn't need 200+ manmade chemicals in umbilical cord blood (Red Cross-Environmental Working Group study).

6 – Mankind to body "temple" – if the message of this book and this sacred relationship ("temple of God") were taken seriously, they would heal almost everything else. Almost everything else is connected in some way to the health of the human body.

7 – Shepherd to a flock – may be the most important of all because all sacred relationships depend on someone teaching them. *"Teach all things whatsoever that I have commanded you."*

None of us is above the law or the gospel. This applies to all **SACRED RELATIONSHIPS**. It takes seven to make a whole. Connections go back and forth and around. We too are connected by all things true; all things healing; and all things holy. *"Either make the tree good and its fruit good, or make the tree corrupt and its fruit corrupt, for the tree is known by its fruits."*

It is no secret what God can do

That's the way the song goes. It is no secret that big business with trillions of dollars at stake doesn't want you to take this book seriously. Their bottom lines depend on ignorance and indifference. Only God can make a tree, and **only God** can make a strong confident baby, but He needs our help. He needs strong moms and dads who need churches teaching how all systems that support the wholeness of human life work. Churches must teach a clean

and wholesome gospel – a HEALTHY gospel of Jesus that covers all bases including *the sanctity of all sacred relationships*. If nobody does anything, nothing happens.

Be whole - help to make whole. Help get copies of this book out so future generations will have the big brains they will need to fix the things we are messing up now. It's not hard work. What could be a better path to TOTAL JOY than helping a baby get a good start in life?

Resources - References

Recommended – read all documents you can download free from the home page at www.phpower.org including the **WHOLENESS OF CHRIST**.

Bible – focus on words in red in Matthew, Mark, Luke, John.

Body and Soul Repair Kit and **The Cancer Kit**– details at www.phpower.org

Cancer Diagnosis by John Diamond M.D., W. Lee Cowden, M.D., and Burton Goldberg

National Library of Medicine www.ncbi.nlm.nih.gov/pmc/articles/

Biology of Belief by Bruce Lipton Ph.D., Amazon.com or local book store

Nutrition and Physical Degeneration by Weston Price D.D.S. classic key to big picture of God's plan

Toxic sludge – www.mercola.com – search “The Truth about Biosolid pollution” by David L. Lewis Ph.D.

Nutrition and behavior <http://www.wanttoknow.info/050520schooldietchange.shtml>

Causes and Prevention of Cancer by Dr. Frederick Levenson published by Stein and Day - out of print - used at Amazon.com?

Otto Warburg – two time Nobel prize winner - search online for lecture on prime cause and prevention of cancer Lindau Germany

Thank God I had Cancer by Rev. Clifford Oden - Cancer Control Society, Cancer Book House 2043 N. Berendo St. Los Angeles, CA 90027 - phone 323-363-7801 – may be available at Amazon.com.

God's Design for the Highly Healthy Child – Walt Larimore M.D. www.zondervan.com – Amazon.com

Cancer as a Turning Point – Lawrence LaShan Ph.D. Penguin Books New York - Amazon.com

This book is included in the hard copy version of the **Body and Soul Repair Kit** in 6x9 format. For quantity prices send request to The Perfect Health Foundation P.O. Box 199 Cedarburg, WI 53012 - or call 262-377-2764. Details on the kit may be found at www.phpower.org.