

Three Questions

1 - Does God have a plan for the health, wellness, and wholeness of human life *body, mind, and spirit*?

Yes of course. Would He make the hairs on our heads “all numbered”; feed the “birds of the air”; clothe the “lilies of the field”; tell us He loves us; and not provide for our needs at all levels of life?

SCRIPTURE – Genesis 1:31; Job 38-40; Psalms 24; 104; 139:13-18; Matthew 6 *and much more*. In John 1:3 “all things were made by Him” including all good things we eat and drink. **Word of Christ** connections in Deuteronomy 18:19, Acts 3:22, John 5:46. **SCIENCE**: genetics-epigenetics, infant-adult nutrition, longevity studies, *all agree with scripture*. Churches that teach this enjoy 50% reduction in chronic disease based on a 25 year study at UCLA, Loma Linda University, “blue zones” study of National Geographic, and much more.

2 - If the gospel is healthy and wholesome how does it work?

There is only one way it could work – by what God has made and what God has said. Creation plus truth - what else is there? In the beginning God made air, water, wholesome food, herbs, sunshine, clean organic agriculture etc. Jesus explained it - “**Man does not live by bread alone but also by every word of God.**” HOWEVER – God’s plan depends on us doing our part. We do have power to mess things up. Here are a few examples – more on the other side!

What’s killing the bees?



Birth defects, **cancer**,
autism, ADHD,
development issues

200+ toxic chemicals found in
newborn umbilical cord blood

What’s poisoning babies?



What’s killing the oceans?



The dark side

GMO, CAFO, chemical based agriculture

CAFO = Concentrated Animal Feeding Operations

GMO = genetic engineering

From recent speech by Jeffrey Smith of responsibletechnology.org. “They literally want to genetically engineer 100% of all commercial seeds, plus insects, fish, livestock, trees, algae and bacteria. They want to replace nature with designer organisms for greater profit and control.”

“I have come that they may have life, and have it more abundantly” John 10:10.

Churches must connect the dots from scripture ignored to the following abominations

- **Honey bees missing** - colony collapse – several species now on endangered list
- **Babies with 289 toxic chemicals in blood “in utero”** per EWG – some cry for mother’s milk and get a needle, bottle, babysitter instead – not enough churches teaching mothers the *value of mother’s milk maternal-infant bonding, parental health, lifestyle importance etc.*
- **MASS KILLINGS** – brain malfunction due to combined effects of processed foods, psychiatric drugs, & deep buried hostility beginning when someone said “let them cry, it’s good for their lungs”.
- **Death by superbug** – antibiotic overuse in doctors’ offices, factory farms, hospitals etc.
- **Obese kids overfed/undernourished** – sugar, junk food, diabetes, drug addictions, hormonal disruption by atrazine and other pesticides in agriculture causing sexual confusion.
- **Chemical farming - pesticides you can’t wash off** = foods missing antioxidants, flavor etc.
- **CAFO cruelty** - concentrated animal feed operations making both animals and people sick
- **Oceans dying** - which fish safe to eat? 500 “dead zones” at mouths of major rivers
- **Elderly suffering from multiple nutritional deficiencies and imbalances** - when sick see doctor for drugs and hi-tech fix while basic causes ignored - **WHOLENESS OF CHRIST** desperately needed.
- **Parents burying their kids** – younger generation sicker and dying sooner than the old
- **Epidemics** of cancer, Alzheimers, autism, obesity, diabetes, ADHD, mental disorders etc.
- **Millions of kids on psychiatric drugs** while basic nutritional and lifestyle mistakes ignored
- **Genetically modified madness** (GMO) taking over world *-slap in the face to God*
- **Complicity of media?** Bought and paid for by big pharma - DECEPTION over and over

3 – What to do about it?



The Joy of Healing - learn it – live it – teach it! The path begins with the word of Christ “incorruptible seed” (1Peter 22-25), and a gospel inclusive of organic chemistry since “all things were made by Him” (John 1:3). This brings in air, water, food, exercise, lifestyle, medications, meditation, chemical farming, GMO, 80,000 manmade chemicals whose cumulative effects nobody knows. It demands truth that gives God credit for something, truth not bought and paid for by big money. Some of this truth comes by epigenetics, nutrition, ecology etc. No college degree needed but you must care about babies, bees, kids, old people, the sick, the oceans, the planet, truth, and yourself. We have power to help make a world free of violence, toxicity, cancer, autism, sickness, deception, and full of small faces with big beautiful smiles! Your part may be to simply share copies of this message. **“Be merciful”** said the Lord, also **“Heal the sick”**. *Plant the seed, watch it grow - we will reap just what we sow.*

Nutrition-For-Life – pathway to wholeness

“Feed My lambs – Feed My sheep – Feed My sheep” John 21

Wholeness of Christ - www.phpower.org