

“A copy should be in every American home”.
Jim LeBeau Founder - The Perfect Health Foundation www.phpower.org

100 Natural Cancer Remedies

How and why they work

The author of the major body of this work is unknown. The value of this information is obvious even if some references are obsolete. Do your own due diligence on sources of products and information. Pages 1-4 and index have been added by The Perfect Health Foundation.

The Big Business of Medicine

Drug companies promote business for doctors, and doctors promote the business of drug companies. It's a great business model to make money but does it work for patients?

The problem - *it leaves God out of the chemistry (drugs) hoping nobody notices.* God has created hundreds of biomolecules and body systems related to oxygen and immunity with power to heal cancer, but they are not part of a system based on “patent medicine”. You cannot patent a natural biomolecule that's been around since Genesis. Nobody will spend the millions to get one approved by the FDA. In fact, the FDA reported that it has no record of a natural biomolecule ever approved to “treat, mitigate, cure, or prevent disease” since they started keeping records in 1935. It's not your doctor who is to blame. It's the system.

See the **WHOLENESS OF CHRIST** and **THE POWER OF SELF DIRECTED HEALING** for more clarification, both free downloads from home page at www.phpower.org. Meanwhile rejoice. *Millions are now realizing that God really does belong in the system!*

CANCER – the BIG PICTURE

For any discussion of cancer to make sense we must understand some of the big picture that applies to all kinds of cancer. Following are the major points. For those who need scientific sources please check out 27 pages of references in the book **CANCER DIAGNOSIS** by W. John Diamond M.D., W. Lee Cowden M.D., and Burton Goldberg ISBN 1-887399-40-8.

Cancer – the BIG PICTURE -

- **OLD AGE CONNECTION:** Cancer is called a “disease of old age”...but why? It’s because most of us become a little more acid as we age unless we are actively testing and keeping body pH in balance. The acid/old age connection has been confirmed by studies in the National Library of Medicine (pubmed.gov).
- **OXYGEN CONNECTION:** Otto Warburg won two Nobel prizes in chemistry. He created cancer at will in dozens of species of animals by injecting acid into their bodies. Acid lowers oxygen. As oxygen goes down, cell mutations go up. The more mutations, the more cancer. It works that way in a lab. It works that way in a body. Body pH balance is directly connected to oxygen content of blood and thus oxygen delivery to cells. Understanding this is a good start in learning how to heal cancer naturally.

THE AMERICAN LIFESTYLE: As we grow old eating a standard American diet our bodies become acidic. Look at old faces. You will see fewer pink oxygen rich rosy cheeks. 100 trillion cells are getting less oxygen. This is related to things like exercise, breathing, raw foods, balance of food groups, mineral ash residue of foods, pH, phytonutrients, spiritual etc. These all work together to control the rate of cellular mutations and create a cancerous or cancer-free environment for 100 trillion cells in a body.

- **SUGAR CONNECTION:** As we age following a standard American lifestyle blood sugar goes up along with weight and rates of diabetes. Cancer cells love sugar, don’t need oxygen. Cancer cells have many more glucose receptor sites than healthy cells. What does that tell you? Oxygen down, sugar up...yippee if you are a cell that just mutated from normal to cancerous. Pass the processed sugar.
- **TOXICITY CONNECTION:** Modern life gives us thousands of chemical and bio-electrical toxicities unknown 100 years ago. The body has several major pathways of detoxification. Ignore them...more chance of cancer. Much healing power is created by “cleansing” routines such as bowel cleansing, lymphatic cleansing, fasting and praying, forgiveness etc. If we fail to CLEAN OUT at all levels we add to the sum total of cellular mutations and cancer “triggers”.
- **IMMUNITY CONNECTION:** To all of the above that are depressing to any immune system there are more things that mean immunity down. These would include a hundred thousand manmade chemicals found in food, water, cosmetics, household items etc; too many vaccinations of babies before their immune system develops; formula feeding; overuse of antibiotics; processed foods; mineral deficient foods grown on mineral deficient soils, lack of sunshine and vitamin D; sedentary lifestyles; artificial anything and everything...this list could go on and on.

To the above connections add remedies to help cells communicate with each other (glyconutrients) and those working by some other “mechanism”. There are 100 natural cancer remedies in this report. See how each fits into the BIG PICTURE!

Why natural remedies may work when nothing else does

What can replace the natural powers of creation for oxygen, sugar, toxicity, MSM, (methylsulphonylmethane), immunity, glyconutrients, and specific biomolecules that cause cancer cells to self destruct (apoptosis). What can work better than God's creation for this and more? What can work better than faith, hope, love?

FOR ILLUSTRATION PURPOSES ONLY

The work of Dr. Tulio Simonici can be one example of why a natural cancer remedy might work. Dr. Simonici says "CANCER IS A FUNGUS". Whether it meets that definition or not (let the experts figure it out) the need of sugar/glucose for most cancers to survive is clear. The need for a cancer cell to have an acid environment which it creates by producing lactic acid also applies. Given these presumptions it would seem to make perfect sense that injecting an alkaline substance like sodium bicarbonate (baking soda) into an artery feeding a tumor would be a reasonable idea to cause a cancer cell to self-destruct (apoptosis). Dr. Simonici claims to have eliminated some cancers in a week with his simple protocol. Now read the Maple Syrup and Baking Soda idea from Dr. Jim Kelmun on page 21.

Body Balancing Kits

To learn more about simple home tests that let your body be your teacher for mastery of health read THE POWER OF SELF-DIRECTED HEALING and other documents available for free download, also read the pages describing body balancing kits at www.phpower.org.

The power of a "shotgun" approach

As you read this report note that many work by a different "mechanism". What makes sense is to combine various options that work from a different angle...especially if the cost is little to nothing and especially if the remedy in itself is as harmless as a food or a spice or a thought!

The "shotgun" approach often works best. Ask any bird hunter.

The Spiritual Side of Cancer

Spiritual healing power is covered in a booklet titled "**God's Plan for Making a Healthy Baby**". You can download a copy (pdf) from the home page at www.phpower.org. "People should read this" (quote from someone who did). A psychologist claimed not to have lost a patient to cancer in nine years using only the power of LOVE. That's something to think about. More detail is in the above booklet. There's more to cancer and health than just chemistry.

Caution

Regardless of how exciting natural and spiritual healing options are, a caution is in order. Some natural remedies are reported to interfere with conventional treatments. It is recommended that you discuss any natural remedies with your cancer doctor. Others warn that some who choose natural methods might neglect a conventional treatment that would have worked if used soon enough. Consider this when choosing natural over conventional treatment.

While considering options, also keep in mind the tens of thousands of reported cancer “cures” using natural methods. Some have reported saving their lives after conventional treatment had failed and they were “sent home to die”.

In a jungle of confusion EDUCATE THYSELF! That is the purpose of this report. Also...

Websites worth checking out

www.drjockers.com

www.christbeatcancer.com

www.thetruthaboutcancer.com

www.greensmoothiegirl.com

Hear the Call to Wholeness

Let us never forget the purpose of sickness. It is to bring us closer to God. The call to wholeness is a voice that whispers across the eternal stillness of time and space and says to a listening soul...BE WHOLE. Perhaps we haven't been listening. That's when something happens to wake us up. It could be an accident. It could be a disease. It could be any “failure” that shocks us into seeking a closer relationship with the Source of our being. Reaching for a deeper purpose we focus on a deeper truth that reaches to a deeper level. We turn to God. We find purpose, peace, power to be whole. *“He with ears to hear, let him hear”*.

This report is offered for informational purposes only and not to treat, mitigate, cure, or prevent disease. Each of us is responsible for our health decisions and the consequences of our choices. You are advised to seek qualified professional help whenever there is any indication of a need for such services.

Plan For Building The Immune System

By Lorraine Day, M.D.

Cancer doesn't scare me anymore. I had it . . . and got well by natural, simple therapies that you seldom hear about. I refused mutilating surgery, radiation and chemotherapy because studies in the medical literature and common sense told me that you shouldn't destroy your immune system while you are trying to get well.

The following information is for educational purposes only and should not be construed as prescribing treatment. Treatment should be decided by each individual patient under the advice of a competent health practitioner. However, it is important for individuals to be informed about all options available for treatment and prevention of illness. The underlining basis and documentation for this program of building the immune system are presented in my DVD, "Cancer Doesn't Scare Me Anymore. "

Cancer is a disease of the immune system. Building the immune system is important in combating cancer as well as many other diseases. Disease is not confined to one organ or area but affects the whole body, as all parts are interconnected. Therefore, therapy must be a holistic approach to improve all body systems. A "magic bullet" approach rarely works for any significant illness. The following regimen will help build the immune system for those who are ill or will help prevent disease in those not presently ill.

This is a brief synopsis of the basic three part plan:

1. High quality nutritional intake. A diet of vegetables, fruit, grains and nuts organically grown without pesticides and prepared to maintain the maximum nutrition outlined in detail in my diodes, including specifics of the Gerson therapy with references provided. If it can be tolerated by the intestines. at least 50% of the food should be eaten raw, including large quantities of fresh vegetable juices. Elimination of all processed foods, as well as salt, and sugar (including artificial sweeteners, especially corn syrup).
2. Elimination of toxins from the body by colon cleansing with either enemas, colonics, colon cleansers and/or a high fiber diet.
3. Elimination of toxins from the local environment, including removal of toxic cleaning chemicals from the house and replacement with non-toxic biodegradable cleaners. Many other specific individual nutritional therapies and supplements. including barley green, Essiac tea and shark cartilage are helpful in certain instances and are presented in some detail in the DVD with numerous resources provided. Many have found that a basic regimen incorporating this three point plan with the addition of specific supplements, depending on the condition, has resulted in major improvements and even elimination of many diseases, including cancer.

In the DVD "**Cancer Doesn't Scare Me Anymore**" you will learn: Why people get cancer - it's not a mystery as some would have you believe; How to get well without vomiting and losing your hair; Cancer is big business - billions of dollars each year in America alone - and why a cure would hurt big business; How you can control whether you get sick or stay well; and how to avoid buying cancer at the store.

Today, I feel great! Immune building therapy has provided me with maintenance of a full head of hair, excellent energy to continue to work at my regular pace and to walk or run 3 - 5 miles every day, an excellent appetite, freedom from aches and pains, and a positive attitude about my health and life. Over the past few years I've been bombarded by calls and letters from people wanting to know how I accomplished such a medical feat. Consequently, I recorded my entire story in the DVD I've described above.

The video is available at the Internet at: www.drday.com/index.html/scare or by calling: 800-574-2437.

Laetrile: Cancer Cure Or Quackery?

By Del Schrader

The battle over Laetrile as a cancer treatment medication has been furiously waged in the media, in the courts, in laboratories, on street corners and in studio sessions. A dead woman was involved as a plaintiff in a suit filed in San Jose. It contends that the State Department of Health's 1963 order banning the use of Laetrile in cancer treatment is unconstitutional. Josephine Bergman of Altos, listed as a plaintiff, died after being ill with cancer for over a year. She was 48 and a patient of Dr. Stewart M. Jones of Palo Alto. The suit said Stanford Hospital refused to allow Dr. Jones to prescribe and administer Laetrile to Mrs. Bergman. Laetrile, also known as Vitamin B-17, is a substance made from apricot and peach pits. Oddly enough, although banned as a cancer treatment, controversial Laetrile may be used as a nutritional supplement.

Mrs. Betty Lee Morales, a Los Angeles nutritional consultant, told the Herald Examiner "Cancer is the only disease controlled politically. A doctor can put ice cream on an arthritic knee, but can only use surgery, radiation or chemotherapy in the treatment of cancer - otherwise, he can be put in jail. More than 20 foreign nations now use Laetrile, but the American Medical Association (AMA) and the Food and Drug Administration (FDA) keep it a crime in the U.S." Mrs. Morales counters, "The biggest problem the U.S. faces is solving the cancer problem, but it's tough getting information to the people. Why, I have watched one of the biggest daily newspapers and one of the biggest TV networks buckle under the establishment." Mrs. Lorraine Rosenthal, cofounder with Mrs. Morales of the Cancer Control Society in Hollywood, told the Herald Examiner, "They say Laetrile pills are being peddled on the streets of Tijuana, but Californians don't have to go to Mexico for Laetrile. They can buy it here in California under the name of Amygdalin from four or five sources. Remember, Laetrile is only a phone call away. But for those patients who go to Mexico, a medical doctor, Ernesto Contreras, treats many cancer patients in his office in Playa de Tijuana."

Millions of words have gone into the Great Laetrile Debate. Dean Burk of the National Cancer Institute, recently stated, 'I don't know whether Laetrile is any good, or how good it is - but I believe it should be tested so we can find out. So far, all the actions of the FDA have been based on prejudice, ignorance and fraud.' Dr. Burk cited several Laetrile tests around the world since the father-son team of Dr. Ernst Krebs Jr. and Sr. in 1950 discovered the biochemical abilities of apricot kernels in San Francisco.

The tests:

Sloan-Kettering, where mice bearing spontaneous mammary cancer were treated with amounts from one to two grams of Laetrile per kilogram of body weight. The results showed spread of cancer inhibited, with the animals showing greater health.

Scind Laboratories, University of San Francisco, where 400 test rats bore 256 carcinoma. Two hundred rats treated with B-17 showed an 80% increase in life span over those not treated with B-17.

Pasteur Institute, Paris, where researchers maintained a human cancer strain in mice. Their life span was increased and tumor growth delayed up to an amazing 100% by use of B-17, Dr. Burk's figures revealed. Institute Von Ardenne, Dresden, Germany, obtained similar findings.

But the battle to control the minds of men and women continues. The Cancer Control Journal had a picture of comedian Red Buttons and his wife on page one with the caption, "Red Buttons says, 'Laetrile saved my wife from death by cancer.'" A final word from Betty Morales: "The trouble with Laetrile is that more than 90% of all patients have already gone through chemo-therapy, radiation or surgery, but the late Dr. Ernst T. Krebs Sr. still cured 98% of those who came to him. He cured more than 1,000 before he died at 94. I'm proud of the 10 years I spent with him." For Laetrile sources do a web search for "Laetrile."

ONE HUNDRED NATURAL CANCER REMEDIES

In her book The Cure For All Cancers researcher Dr. Hulda Clark maintains that all cancers are caused by a parasite (flake). This parasite lives in the intestine where it does little harm. It is only when it invades other organs that it causes serious diseases, including cancer. According to the author, the herbs when taken together, can rid the body of virtually all types of parasites, enabling the body to defeat the cancer. After ingesting the remedy for about a week the fluke in all its stages is eradicated. The book is available in most book stores. If your local book store doesn't have the book on the shelf they can order it for you. As an alternative the book is also available for around \$16 from New Century Press at: 800-519-2465 or 619-423-7500.

MAITAKE

Numerous studies and tests have shown that the Chinese medicinal mushroom Maitake has definite anti-cancer and anti-tumor properties. Some of the patients successfully treated with Maitake were suffering from prostate and brain cancer. Although Maitake may not necessarily bring about a complete cure, it almost always improves the patient's condition considerably. The Maitake product generally recommended is Grifron-pro D-Fraction. For therapeutic effects a daily dosage of data 70 drops is recommended. The product is available from: Maitake Products at: 800-747-7418.

LICORICE ROOT

Simple Licorice Root is a dynamic disease beater that can defeat cancer and even conquer AIDS, health experts reveal. Research has shown that Phytochemicals (or plant vitamins) have amazing powers to boost the immune system, and this miraculous root is full of them. They are extremely effective in combating the growth and development of cancer cells, especially prostate and breast cancer cells. Herbal Licorice products are available in most Health Food Stores.

BREAST MILK

Breast Milk contains a substance that kills cancer cells, Swedish researchers have found. A compound called A-lactalbumin (MAL) triggers a process called apoptosis, or cell suicide, in cancer cells but not in normal cells. In one experiment 98% of all human lung cancer cells were killed. The milk compound also induced apoptosis in cancer cells in the kidney, bladder and intestine, the report said.

ESSIAC

Rene Caisse was in possession of an old Indian cancer remedy. During the 1920s and bus she was busy curing cancer patients. Her services were always free of charge, and she lived only on voluntary donations. To the chagrin of the medical and drug establishment she became famous as a successful healer. She was constantly harassed and arrested many times for "practicing medicine without license|-she also resisted many attempts to sell out her secret formula, knowing it would be kept from the people, or used to make huge profits for the pharmaceutical industry. At her funeral in the Canadian village of Bracebridge (north of Toronto) hundreds of former cancer patients paid their last respect to the woman who had so selflessly saved their lives. Essiac is Rene's last name spelled backwards. An Essiac Handbook is available from National Heritage at: 888-568-3036. Ready to use formulas are available from Kevin T. Maloney, loc. at: 561-585-7111 or The Vitamin shopped at: 866- 293-3367.

FATHER ROMANO ZALGADO'S CANCER REMEDY

Ingredients: 2 lbs. of unheated & unfiltered raw Honey
2 large or small leaves of Aloe Vera
3 or 4 soupspoons of Whisky or Brandy

Clean the Aloe Vera and remove the thorns. Cut into small pieces. Put all ingredients into a blender and liquify. Take one soupspoon 15 minutes before each meal. Should last for at least 10 days.

CATS CLAW

This South American herb has traditionally helped many desperately ill cancer patients. Cat's Claw of the most potent quality is available from Carotec at: 800-5224279.

EVENING PRIMROSE OIL

According to reports by the South African Medical Journal, research indicates that Gamma linolenic Acid taken from Evening Primrose Oil kills human cancer cells without side effects. Cancer cells multiply when the immune system is weak. Evening Primrose Oil may help by converting into PGE1. It is PGE1 which has such a crucial effect on the immune system, stimulating T-cells and keeping cell membranes healthy. Although no conclusive information is available yet, the Bristol Cancer Help Center (England) is recommending Evening Primrose Oil as a nutritional therapies found in most health food stores.

GERSON THERAPY

One widely known and successful alternative treatment is administered according to the directions of a German doctor, whose therapy is based on a strict, regimented organic diet. The Gerson Therapy offers patients with Cancer, AIDS, and other so-called incurable diseases an excellent chance of winning the fight against Cancer. For details call: 619-685-5353 or 888-4-GERSON.

CANCER CONTROL SOCIETY

The society offers educational material in the prevention and cure of Cancer and other nutrition related diseases. Information on non-toxic therapies and doctors is available. For details call: 323-663-7801.

ORGANIC GERMANIUM

The national Cancer Institute has accepted Organic Germanium as a therapeutic approach in the treatment of Cancer and AIDS. Organic Germanium's health benefits go beyond of simply increasing available oxygen which by itself is detrimental to cancer cells. It also appears to be a powerful immune enhancer. Studies are supported by 100s of clinical studies in which Organic Germanium has cured "incurable" diseases. No negative side effects were observed. For product information contact:

I-Herb at: 323-663-7801

Organic Pharmacy at: 800-819-674

Advanced Bio Institute at: 800-866-6786

Global Health Center at: 713-476-0016

REBOUNDING

Bouncing on a small (or big) trampoline from 10 to 30 minutes daily has definite health benefits for the sick as well as for the healthy. The temporary suspension of gravity is a universal cell exercise which enhances cell communication. The healthy cells "persuade" the cancerous cells to return to normal. This is a proven alternative method to fight cancer. To be used to compliment other natural approaches. Recommended reading: The Cancer Answer, by Albert Earl Carter. Available in book stores or from Medak Mfg. at: 800-232-5762.

THE BUDWIG DIET

Researcher Dr. Johanna Budwig found that blood of cancer patients is deficient or void of the fatty acids Albumin and Ester Phosphatide, crucial for normal cell division. Dr. Budwig discovered that a combination of appr. 1 tablespoon of organic cold-pressed Flax Seed Oil mixed with 1 heaping tablespoon of low fat Cottage Cheese restores blood to its normal condition within a period of about 3 to 4 months. Tumors gradually recede, symptoms of cancer are often totally eliminated. The remedy is taken daily, preferably 1/2 hour before breakfast. This food combination has also been shown to be beneficial for arteriosclerosis, liver disjunction, arthritis, diabetes, eczema, bronchial spasms and irregular heart beat. Organic cold-pressed Flax Seed Oil is available in most Health Food Stores. Other flavor enhancing natural ingredients may be added accordingly taste. Recommended reading: How to Fight Cancer and Win - by William L. Fisher.

GRAVIOLA

Extract from this South American tree selectively targets and kills malignant cells in 12 types of Cancer, incl. Colon, Breast, Prostate, Lung and Pancreatic Cancer. Since 1976 Graviola has been proven to be an immensely potent cancer killer in 20 independent laboratory tests, yet it has never become part of any main-stream cancer protocol. Graviola is available from : Amazon Herb Company at: 800-835-0850 Herbal Advisor at: 800-688-2375 Raintree Nutrition at: 800-780-5902

LAETRILE SOURCES

Laetrile is not available in the U.S., but can be legally bought overseas for personal use. It is usually used in conjunction with other natural therapies. For product information do a web search or call: 88&281-6663, 800-291-1508, 619-819-7531, 800-851-9470.

PAW-PAW

Paw-paw is a North American tree of the custard-apple family with purple flowers and a yellow edible fruit. When ingested it isolates cancer cells by cutting off their blood supply, causing them to die. Tests have shown that tumors, Encl. lung and brain, reduce in size and usually vanish completely. A very effective cancer treatment. For product information do a Web Search for paw Paw Against Cancer" or call: Nature Sunshine at: 888-523-1727 or New Beginnings in Health at: 877-871-6262.

ALTERNATIVE MEDICINE: DEFINITE GUIDE TO CANCER

This 1,120 page book illustrates many successful alternative approaches that can remove the root causes of cancer and restore your health without further weakening or poisoning your body. Over 30 top physicians explain their successful alternative treatments. The guide is available for approximately \$50 in book stores. ISBN #1887299017. Also available from Alternative Medicine at: 800-841-2665.

FLUORIDE AND REFINED SUGAR

If you are afflicted with Cancer (or wish to prevent it) it is indispensable that you refrain from fluoridated water and refined white sugar. Japanese scientists have proven that the same levels of fluoride commonly put into U.S. water supplies are capable of transforming normal cells into cancer cells. Research sponsored in 1963 by the American Cancer Institute clearly showed that even very low bevels of fluoride increased the incidence of tumors in experimental animals by a frightening 12% to 100%. Research also showed that common refined sugar is linked to Cancer. Cancer cells thrive in a sugar-rich environment. Sugar consumed in fresh fruits does not have the same effect.

ANTI-TUMOR AND MALIGNANCY HERBAL PRODUCTS

For free information contact Virxcan at: 800-793-7345.

NONI JUICE

The juice of this Polynesian fruit has been used for centuries to cure virtually any disease, including Cancer. For more information contact: Whole Health: 800-382-1936 NJP Products: 800-657-7763 Noni Connection: 888-335-6664 For additional sources do a Web Search for anon! Juice's.

THE ATKINS CENTER

Located in New York City, this hospital uses a variety of natural therapies, supported by an appropriate diet. Telephone consultations are also available. For more information call: 800-ATKINS-8.

HYDRAZINE SULFATE

Hydrazine Sulfate has been used for 25 years by thousands of desperate cancer patients with excellent results. This non-toxic drug is an inexpensive and effective cancer fighter. It works by depriving cancer cells from the nourishment they need to proliferate. It also seems to have conciliatory effects when taken during chemotherapy, and especially during radiation treatment. However, it is not compatible with alcohol, tranquilizers, sedatives, anti-depressants or anti-anxiety drugs. Because this supplement is relatively inexpensive and effective, it is relentlessly suppressed by the cancer merchants. Kathy Keeton, the wife of

Penthouse publisher Bob Guccione, recovered from terminal metastatic breast cancer, which had spread to various other parts of her body. The most commonly recommended dosage is one 60 mg capsule before breakfast on day (to 3, one 60 mg capsule before breakfast and one 60 mg capsule before dinner on days 4 to 6, one 60 mg capsule before breakfast, one 60 mg capsule before dinner and one 60 mg capsule before last meal before bedtime thereafter. For product information contact:

American Health Alternatives at: 406-543-2912

Nu-gen Nutrition at: 800-446-8184

National Cancer Institute at: 800-422-6237

Life Energy Distributors at: 604-856-0171

Great Lake Metabolics at Fax: 507-285-4475 '

For additional sources do a Web Search for "Hydrazine sulfate".

ZYFLAMEND

The product is comprised of 10 specific herbs. It has shown the ability to decrease COX-2 activity as well as potent toxic drugs. Prostate cancer cell proliferation was reduced by up to 75%. Call: Natural Health Shoppe at: 877-974-6773 I-Herb at: 888-792-0028 Health Fair at: 800-366-6056

PHOTOLUMINESCENCE

This therapy modulates the immune response by changing the antigenic structure in blood cells. The procedure intravenously exposes some of the blood to strong ultraviolet light. The modulation can last up to 40 weeks after treatment. The therapy has shown to be of great benefit in the fight against cancer as well as many other diseases. For more information call Health Sciences Institute at: 800-981-7157. For nationwide clinics visit: www.cancure.orjdirecto|-clinics.htm .

HERBAL TEAS

There are some 100 types of Cancer. The following herbs have been used for generations by folk healers to prevent and treat Cancer: Red Clover, Black Radish, Dandelion, Pau D'Arco (Purple Lapacho), Sorrell, Fenugreek, Rosemary. Get some of them from your local Health Food Store, mix them and make teas. Drink it on a regular basis instead of coffee.

LATE STAGE PROSTATE CANCER

For referrals to local doctors experienced in using Combined Hormone Blockade, Crm-ablation Therapy, Seed Implantation, etc., call PMCT at: 616-453-1477. There is no charge for the service, but small donations are appreciated.

HOXSEY BIOMEDICAL CENTER - Harry Hoxsey, at the age of 18, founded the Hoxsey Cancer Clinic in Dallas in 1919. He used the herbal formulas developed by his veterinarian great-grandfather. By the 1950s, the Hoxsey Cancer Clinic had become one of the largest privately-owned medical facilities in the world. Unfortunately, years of harassment by the FDA and AMA pressured him to close his clinic. He gave his head nurse, Mildred Nelson, his formulas and in 1963 she established the Bio-Medical Center in Tijuana. The cornerstone of the Hoxsey therapy is the Hoxsey herbal tonics. The formulas include Bloodroot, Burdock, Buckhorn, Cascara, Barberry, Licorice, Red Clover, Pokeroot, Zinc Chloride, and Antimony Trisulfide. In addition to the herbal tonics, Mildred Nelson added a special diet to the treatment, which does not allow the consumption of pork, vinegar, tomatoes, pickles, carbonated drinks, alcohol, bleached flour, sugar, and most salts. The Hoxsey therapy also places great importance on a positive mental attitude by the patient. Unlike other clinics, treatment is more flexible here. Patients are often treated on an out-patient basis. After determining the patients' needs they may return home with a 3 months supply of tonics. There is a \$3,500 flat fee for a lifetime supply of tonics. In addition, there is a nominal charge for such services as diagnosis, X-rays, lab tests etc.. Mildred Nelson claims that appr. 80% of the patients are helped at varying degrees. Many patients are hard-core - given up for dead by conventional doctors. For more information contact: Bio-Medical Center, P.O. Box 433654, San Ysidor, CA 92143-3654, Ph: 011-52-684-9011

OASIS OF HOPE

This treatment center was founded by the pioneer of Mexico's alternative therapists Dr. Ernesto Contreras over 35 years ago. The therapy is custom tailored for each cancer patient. Aspects of the metabolic program include latrine, shark cartilage, correct nutrition, detoxification, chelation and ozone therapy. Emotional and spiritual issues are also addressed. The hospital has had the best success rate with Prostate Cancer, Breast Cancer, Colon Cancer and Lung Cancer. Appr. 85% of patients experience a cure or improvement of their condition. For more information call: Contreras Oasis Of Hope at: 800-700-1850

PRIVATE CANCER CLINIC TOURS

You can get an impression, ask questions, etc. by participating in a tour to the alternative cancer clinics in Tijuana and other Mexican cities at a reasonable cost. For details contact:

Alternative Health Tours at: 619-475-3834 CCS Cancer Clinic Tours at: 209-529-4697

Cancer Control Society at: 209-529-4697 www.cancure-org/directory_mexican_clinics.htm

MULTIPLE THERAPIES

Since all alternative cancer treatments have a different effect on different individuals, not every single cancer therapy may have the desired effect. Therefore, it is suggested to use several therapies simultaneously. Natural supplements and therapies - contrary to drugs - do not cause toxic interactions.

HEALING CHOICES

Ralph W. Moss, Ph. D. is an advisor on alternative cancer treatment for the National Institute of Health, Columbia University, and the University of Texas. He researches and writes individual Healing Choice reports for people with Cancer. For details call coordinator Anne Bernie at: 718-636-4433.

UKRAIN

Ukrain is a plant alkaloid, and one of the most promising natural substances to fight cancer. Significant improvement often occurs within 2 to 4 weeks. Dr. Atkins regarded Ukrain as the single best anticancer agent he ever used. Effective against most cancers. Ukrain is one of the therapies used at the Atkins Center in New York.

BROCCOLI

Broccoli, Cauliflower and other cruciferous vegetables help protect against Breast Cancer. One of their ingredients, indol-3-carbinol, breaks estrogen down into inactive byproducts. Estrogen's active byproducts have been found to promote tumors. These vegetables are most effective if uncooked and organic.

PEOPLE AGAINST CANCER

This counseling service will evaluate each individual case and recommend the most appropriate alternative therapies. Their doctors travel far and wide to familiarize themselves with the latest proven treatments. For details call: 515-972-4444.

WHEY

Tests have shown animals fed Whey protein before subjected to cancer causing agents mounted a much more vigorous immune response than animals fed other types of protein. Whey has been found to deplete the glutathione level in cancer cells without affecting healthy cells. Glutathione is a cellular oxygen carrier. Most whey products are processed in a manner that weakens the protein's ability to deplete cancer cells of glutathione. One effective Whey product is available from Life Extension Foundation at: 800-544-4440.

BINDWEED

The extract of this common weed effectively inhibits the growth of blood vessels to the cancer. It is 100 times more effective than shark cartilage. No side effects have ever been detected. For details contact the Oregon Wholistic Health Clinic at: 503-657-4043.

DIVINE FOUNDATION

For information on cancer awareness, education, treatments, etc. visit: www.divinefoundation.org.

GREEN TEA

A powerful antioxidant, called "epigallo-catechin-3-gallatge" killed cancer cells in samples of skin, lymph system and prostate tissues taken from both humans and mice, while leaving health tissues unharmed. The tests were done by researchers from Case Western Reserve University in Cleveland, Ohio. A cup of Green Tea contains between 100 and 200 mg of the anti-cancer ingredient. If used as a therapy, a min. of 4 cups should be consumed daily. May be combined with Rosemary Tea for enhanced effect.

MGN-3

This natural, non-toxic product is one of the most powerful immune boosters. It is a combination of extracts of Rice Bran and the mushrooms Shiitake, Kawaratake and Suehirotake. MGN-3 works well for all types of Cancer including Multiple Myeloma, Viral Hepatitis B and C, and Leukemia. Treatment has been beneficial to AIDS patients as well. Tests have shown a 60% to 70% decrease in cancer cells after just 2 weeks in 99% of patients. For product information call:

CompassioNet at: 800-510-2010 Aloha Medicinals at: 877-508-1077 Netnutri at: 877-807-2007

VISUALIZATION THERAPY

According to many scientists disease begins in the mind before it manifests itself in the body. If you believe in Mind over Matter and the Power of Suggestion, contact the Health Training And Research Center, P.O. Box 7237, Little Rock, AR 72217, and ask for information on their Visualization Therapy audio tapes.

SNAKE OIL

This is nothing else but a good old-fashioned Echinacea Tincture, and doesn't contain any snake ingredients. Traveling merchants in the Old West proved the virtues of Snake Oil by letting poisonous snakes bite them, and then have the tincture render the toxin harmless. The formula was given to the early settlers by native Indians, and was a coveted remedy for many decades. Since the formula is an effective immune booster it was used for virtually any disease, including Cancer (which was rare at the time). It was only when greedy merchants started peddling inferior formulas that Snake Oil attained its tarnished reputation. Famous herbalist Dr. Richard Schulze has designed a modern "Snake Oil" formula that also contains Garlic Oil and Cayenne Pepper for added potency. ECHINACEA PLUS is available from: The American Botanical Pharmacy at: 800-437-2362

VITAMIN K AND LIVER CANCER

You never see Vitamin K listed on nutritional labels. But don't mistake this absence for insignificance. Healthy levels of this vitamin can contribute to the prevention Osteoporosis, Cavities, Hardening of the Arteries, and Cancer. Vitamin K compounds can actually kill the tumor cells involved in Primary Liver Cancer, a common malignancy that is notoriously resistant to conventional chemotherapy. K-compounds can also kill Breast and Skin Cancers in tissue cultures. They also enhance the cancer-fighting ability of a Vitamin A derivative, and work synergistically with Vitamin C against Prostate Cancer. A therapeutic dose should consist of about 500 mcg daily. Do not use if on prescription blood thinners, as Vitamin K also promotes normal blood coagulation. Available in most Health Food Stores. Foods high in Vitamin K are Raw Kale, Raw Swiss Chard, Raw Spinach and Green Tea.

PROSTATE CANCER

A combination of 8 herbs (PC SPES) that was developed by Dr. Sophie Chen, has proven to be a promising new therapy for Prostate Cancer. Tests showed improvement in about 70% of patients. The formula stops the growth of the cancer and restores the body's natural ability to protect against further growth of cancer cells. Treatment under a doctor's care is recommended. Refer your doctor to the Education Center for Prostate Cancer Patients at: 516-942-5000, or their web site at: www.ecpcp.org

STABILIZED ACTIVATED OXYGEN

Anaerobic cancer cells can not survive in an oxygen-rich environment. Two-time Nobel Prize winner for Cancer Research, Dr. Otto Warburg said: "Cancer has only one prime cause. It is the replacement of normal oxygen respiration in the body's cells by cell respiration (ice. oxygen deficiently Researchers now know positively that there is a direct link between decreased oxygen levels and an increase in human disease. Due to decreased air quality, shallow breathing and poor diet, the oxygen levels in the cells of most people is too low. For product information on Stabilized Activated Oxygen Supplements contact:

BizNext Solutions at: 760-346-6391 Aquage at: 800-699-4336 Nova Therapies at: 866-734-1492.

For more sources do a web search for "stabilized Activated oxygen".

CANTRON

This all-synthetic product lowers the voltage of the cell structure by appr. 20%. The anaerobic Cancer or AIDS cells convert to waste material and eliminated. Cantron is nontoxic - no known side effects. Product information contact: Medical Resource Products at: 800-443-3030 Nu-gen Nutrition at: 888-446-8184

AVELOZ EXTRACT

Old Amazon folk remedy. The Aveloz plant emits a type of heat that destroys vegetation around it. This property is believed to kill abnormal cell growth. Western health professionals have tested the extract and they claim it works within a short period of time. For product information contact:

Raintree Nutrition at: 800-780-5902

Medical Research Products at: 800-443-3030

Life Extension at: 800-233-2330.

COENZYME 010

Research has shown that Cancer Patients are deficient in CoQ10. The most lethal of all cancers, pancreatic cancer, is linked to the greatest CoQ10 deficiency. It has been established that 100 mg of CoQ10 per day is the dose required for general maintenance. The dose for cancer patients has not been established, but should most likely be higher, probably between 200 mg and 300 mg per day. It has also not been established whether cancer is caused by a CoQ10 deficiency, or whether the CoQ10 deficiency is caused by cancer. Whatever the case, the prudent thing to do would be to supplement the diet with this beneficial antioxidant, which is also of special value to the heart and the gums. The gel type of CoQ10 is better absorbed than the powdered type. CoQ10 is available in Health Food Stores.

BORAGE-OIL

Gamma linoleic Acid (GLA) has strong therapeutic properties. Among other disorders it helps people with PMS, heart conditions, both types of diabetes, and Cancer. By giving strong support to the immune system, GLA has become a promising addition to the treatment of Cancer. High levels of GLA are found in cold preyed Borage Oil, which is available in most Health Food Stores.

THE ROYAL RIFE INSTRUMENT

During the 1930, Dr. Royal Rife developed an electronic instrument for the treatment of Cancer and many other diseases. After decades of suppression an even more versatile version is now available. To protect vested interest the FDA prohibits doctors to use this effective tool. However, individuals can per-chase it for personal use. Testimonials from satisfied users are very encouraging. The cost is about \$2,000 (comes with comprehensive manual). The instrument is smaller than a typewriter. For details refer to report #66. Suggested reading: The Cancer Cure That Worked, by Barry Lynes.

IP6

Scientists have discovered that caner cells in a wide variety of cancers can be reverted back to normal cells in the presence of IP6. The compound is derived from cereals such as corn, sesame, wheat and rice. As a therapy patients should take up to 8 gm daily. The guidance of an Alternative Health practitioner is suggested. The product has no side effects and is available in many Health Food Stores, or from: Young Again Nutrients at: 877-205-0040 I-Herb at: 888-792-0028 Seacoast at: 800-555-6792

ENZYME THERAPY

Without enzymes life wouldn't be possible. One of its more dramatic and largely overlooked applications is the treatment of Cancer. The enzymes erode the outer shield of the tumor cells, interfere with their growth and metastasis, and help the body to generate a greater amount of cancer fighting substances called "Tumor Necrosis factored. All fresh and uncooked fruits and vegetables contain ample amounts of enzymes. For information on some of the most advanced Enzyme Supplements contact R. Garden at: 509-738-2345.

PACIFIC YEW

Extracts made from the needles of the Pacific Yew tree are among the most promising anti-cancer agents. Yew produce can be taken internally as well as applied externally. They have been used for a wide variety of cancers, including cancer of the ovaries, lung, kidneys, colon, pancreas, and leukemia. For product information contact:

Standard Process at: 800-848-5061

Earth Health at: 909-316-4268

Become Healthy Now at: 727-461-7354

Applied Chiropractic at: 800-411-6464

BREAST CANCER AND ANTI-PERSPIRANTS

Anti-perspirants have been linked to Breast Cancer. When the body is prevented from purging toxins through the sweat gland at the arm pits, it deposits them in the lymph nodes. This can lead to cell mutation. Nearly all Breast Cancer occurs in the upper outside quadrant of the breast area. This is where the lymph nodes are located.

PREVENT SKIN CANCER

One of the most feared cancers is Skin Cancer, as it can spread quickly to other parts of the body. Adding some lemon peel to the diet on a regular basis will help the skin ward off Skin Cancer. Also, after excessive sun bathing rub some cold-pressed extra virgin olive oil on to the affected areas. It can help prevent tumor formation and UV damage.

ELLAGIC ACID

Clinical tests conducted at the Hollings Cancer Institute at the Medical University of South Carolina (MUSC) have shown that Ellagic Acid, a naturally occurring plant phenol with highest concentrations in red raspberries, may be an extremely potential to prevent cancer, inhibit the growth of cancer cells, and arrest the growth if cancer in persons with a genetic predisposition for the disease. Call :

Advantage at: 716-692-5308 Rebecca Lainesse at: 800-242-0368 X 2762 (both are Co. Dstbrs.)

For direct information from GNN call: 800-499-9112.

BEETS

Some people claim that after adding raw organic Beet Juice to their diet their cancer tumors have disappeared.

CANCER AND MEAT

Tests have shown that almost all cancer patient are also suffering from Acidosis and Candida (or a related fungus), although not everybody hosting that condition or organisms comes down with cancer. Meat in the diet lowers the pH level and provides an ideal breeding ground for fungus. If you have cancer or want to avoid it, stay away from (excessive) meat.

IMMUTOL

Incredible natural immune booster from Norway. One hundred times more powerful than echinacea. For details contact Immunocorp at : 800-446-3063.

BIBLE-ENZYMES AND EXTRA POTENT PROPOLIS

Two formidable natural weapons in the fight to defeat Cancer. For details send \$2 to: NIFI, POB 1465, Seneca, SC 29679.

BLACK SALVE

Black Salve is a relentless substance that hunts down and penetrates all abnormal skin tissue. It has been reported that it removes tumors, cysts, moles and melanoma. For product information contact:

Rising Sun Health at: 406-222-9949 Vermont Country Store at: 802-362-8460

Larson Century Ranch at: 509-758-5445

ADRENAL CANCER

One of the deadliest cancers. Stimulates the adrenal glands to produce excess adrenaline, skyrocketing the blood pressure. Victims usually die from heart attack or stroke. Long term studies done by the U.S. Dept. of Health and Human Services showed that the smoking of 12 grams of Marijuana kept patients in fairly good condition.

HOW TO FIGHT CANCER AND WIN & HOW TO FIGHT PROSTATE CANCER AND WIN

Important books for treatment and prevention of Cancer by William L. Fischer. Available in most book stores or from Agora Health Books at: 888-821-3609.

CURCUMIN

Laboratory tests have shown that Curcumin stops cancer cells from multiplying and stops destroys abnormal cells that can become cancerous. It also blocks estrogen-mimicking chemicals that promote cancer growth, and it is an antidote to Alzheimers. Curcumin is an ingredient in Turmeric. Super Curcumin with Bioperine is available from Life Extension Foundation at: 800-544-4440. Turmeric is available in most Health Food Stores or from Natural Factors at: 800-996-8599.

LACTOFERIN

Researchers have found that Lactoferin is effective against solid tumors, and it appears to work even against metastasis, the deadliest phase of cancer and often the hardest to treat. People that had been given up for dead have experienced amazing turnarounds. For product information contact:

Natural Health Shoppe: 877-974-6773 Immune Pro: 760-632-7286 Research Diagnostics: 800-631-9384

HP-8

Hp-8 is a rather new and unique herbal remedy developed by Prof. Waterman in Australia. Limited studies have shown it to be effective in 80% to 90% of prostate cases without any side effects. The majority of those taking the supplement also report enhanced well-being, more energy, improved ability to pass urine, and a considerable pain alleviation. However, due to the fact that the product is not a toxic drug, suppressive FDA rules require that no claims can be made, and the product is officially sold as a supplement for general prostate health only. Based on limited research the most effective dose is 3 tabs twice a day (total 6 a day) on an empty stomach, between meals and any other supplements or medication. HP-8 is available from:

The Harmony Company at: 800-422-5518

Pure Prescriptions at: 800-860-9538

PROPOLIS

In Egypt where Propolis has a long history of use, studies have shown it has strong anti-tumor activity. When test animals were given 160 mg per kilogram (2.2 pounds) of body weight, Propolis stopped cancer tumor formation. In animals that had already been induced with tumors, Propolis was able to dramatically shrink those tumors. A similar study performed in Croatia found virtually identical results. Propolis is available in most Health Food Stores, or from:

Durham's Bee Farm at: 662-781-0542

The Natural Shopper at: 877-750-0300

Stakich, Inc. at: 248-642-7023

ALTERNATIVE CANCER CLINICS

For a worldwide list of alternative Cancer Clinics (incl. U.S. & Mexico) go to: www.cancure.org , Ph: 800-282-2873.

ISCADOR

This natural substance is derived from the Mistletoe. It is injected and widely used in Europe as a complimentary medicine, often in addition to conventional cancer therapies. Susan Somers claimed that she cured her breast cancer with Iscador in conjunction with some radiation therapy. Available with doctor's prescription. For details do a web search for "IsCADOR".

VITAMIN D-3

Vitamin D-3 is extremely important for Cancer Prevention and Recovery. Sufficient amounts (up to 10,000 units daily) will cause the cancer cells to commit suicide (apoptosis). Sun exposure will not generate sufficient Vitamin D-3 to have a medicinal effect. Good brands available in most Health Food Stores.

BULGARICUS

This rare lactobacillus called Bulgarians was discovered in Russia. It is an outstanding immune stimulator that has effective cancer-fighting capabilities.. Available from: Allergy Research Group at: 800-819-6742, or Web Vitamins at: 800-919-9122

GLYCONUTRIENTS

The modern American diet supplies only 2 of 8 Essential Carbohydrates or Sugars that are necessary for optimal immunity and health. Consequently, our cells are mis-communicating, resulting in a myriad of disorders and diseases, including cancer. Supplementing our diet with Glyconutrients enables our body to recover from disease and maintain health and vitality. Being successfully used for various types of cancer. Glyconutrients are not available in Health Food Stores. Available from:

Nutriceuticals at: 888-852-4993, Micro Health Solutions at: 417-863-8157, or Potent Herbs at: 800-711-6323. For more information do a web search for 'Glyconutrients - cancers.

HIGH pH THERAPY

The pH in the cancer cells is increased to 8 or above. At this alkalinity the cancer cells can't survive long. For more information do a web search for "High pH therapy's.

DIM

A natural supplement derived from broccoli and cauliflower has been found to effectively prevent and fight Breast and Prostate cancer. BioResponse DIM, which contains concentrates from these 2 plants, is available in many Health Food Stores. For additional sources do a web search for "BioResponse DIM"

FASTING FOR HEALTH

Fasting is a thing which most of us have forgotten. Our bodies are filled with mucous, with residuals of drugs, with various kinds of toxins. Our bodies are like a machine filled with hundreds of millions of tubes. These tubes are veins, guts, cells, arteries, capillaries, etc. In most cases they are clogged with waste products with an oversupply of mucous material, residuals, especially alkaloids from medicinal drugs.

In order to clean the system, first of all fast 3 days (spring water only). If too difficult start with one day per week and work your way up to 3 days. Then these instructions should be followed: Just before the first day of fasting, there should be a colon irrigation with a warm water enema, from (to 2 quarts. Add to this solution 1 tablespoon of raw honey and the juice of 1 lemon. On the 1st day of fasting drink only spring water (no tap water) laced with honey and some lemon juice. No food should be taken. The 2nd day may include some organic grapes, so may the third day. This fasting is essential as it recovers, or at least begins to remove, the toxins from the body. After 3 days of fasting the following simple foods should be eaten:

For breakfast - one kind of ripe fruit, as much as you desire.

For lunch - salads (preferably organic) with natural dressing (no hydrogenated oil, etc).

For dinner or supper (max. 3 meals) uncooked vegetables (preferably organic), no meat of any kind.

This diet should be followed for 2 days. Thereafter a regular diet can be resumed. However, Tito avoid red

meat (beef, pork, etc). A diet containing fish, fowl, raw fruits and vegetables, raw nuts, avocados, etc. is good. Avoid starchy cereals and breads. As a general rule stay away from processed and too many cooked foods. They are much of the reason for our degenerative diseases and over- weight problems. Mono fruits, where one type of fruit is eaten at one meal, and raw leafy vegetables with simple natural dressing, those types of food remove accumulated waste products that have built up in our bodies for 10 to 20 years or even longer. These waste products and toxins are the basic cause for our degenerative diseases like Cancer, Arthritis, High Blood Pressure, etc. This kind of diet prevents that sickness, that tragedy, that pain toward which many of us now move. If the 3 day fast once a month is followed for a period of one year the difference in our health, in the way we feel, will allow us to fully understand the value of fasting.

It is also suggested that those of us who now feel no specific illness or pain should also fast, so that their lives may be more full, and forestall any diseases that may be in the making. Fresh air, moderate sunshine, pure water, rest, some pleasant exercise and a relaxed state of mind should also be of concern to those in search for radiant health,

IV VITAMIN C

Intravenous Vitamin C (IV C) has become an effective and relatively widely used cancer treatment. Do a web search for "IV Vitamin C". For information regarding the procedure call: Dr. Riordan's Clinic, Ph: 316-682-3100 The Whitaker Wellness Institute, Ph: 800-488-1500

PROSTATE CANCER

Researchers have discovered a new effective weapon for the prevention and treatment of Prostate Cancer, called Isosilybin B, which is a component of the milk thistle. The compound is effective against both hormone dependent and hormone independent prostate cancers. For product information contact: Web Outpatients at 877-43&3042 or Sky Herbals at 877-249-1436.

Unrelated additional information on how to treat prostate cancer is available from: Health Alert, 100 Wilson Rd. #110, Monterey, CA 93940. Send a large #10 SASE (self-addressed & stamped envelope) with two stamps attached to it. Enclose a note that says "PROSTATE".

GOJI BERRIES

In Mongolia, China, Japan and Switzerland the Asian Goji Berry is now being studied for its ability to fight cancer. It has been found that the fruit, as well as extracts from its leaves, can kill many kinds of cancer in vitro. The berries contain organic Germanium. This trace mineral has significant anti-cancer activity. Japanese studies indicate that organic Germanium is effective in treating liver, lung, uterine, cervical and testicular cancer when combined with other treatments. It has been found to induce the production in humans of g-interferon. Interferon possesses the power to take over the hydrogen ion from cancer cells. Losing hydrogen ions can cause depression and even death of cancer cells.

Besides Germanium, the Goji Berry has other components that act against cancer. They appear to be able to depress or block the synthesis of the cancer cell's DNA, which interferes with the cell's ability to divide and thus lower the reproductive capability of the cancer cell. Soak the dried berries for 1/2 hour and enjoy delicious Goji Berry Juice from your blender once or twice a day. Goji Berries are available from: Super Foods at: 800-481-5074, Eat Raw at: 866-432-8729, Extreme Health at: 800-800-1285

EPICAN FORTE

Dr. Mathias Rath, one of the most renowned metastasis inhibition specialists, has designed a potent anti-cancer supplement, called Epican Forte. Available at Dr. Rath's Health Alliance at: 800-624-2442, or at Natural Health Shoppe at: 877-974-6773. For more information do a web search for the product.

THE CONCORD GRAPE CURE

A strict protocol of this cure has helped many, including individuals with bone and prostate cancer. Start sipping a large bottle (24 oz.) of unsweetened organic Concord Grape Juice (avail. in most Health 11 Food Stores) in the morning. Finish the bottle one to two hours before you have your first meal. Avoid pork. After 4 to 6 weeks you should see satisfactory results. Doctors say prostate and bone cancer require more time.

REAL BUTTER

Real Butter is a potent weapon against cancer. By "real" means - organic, unpasturized and from free-range animals. Real Butter is not readily available in stores. Raw, Organic Butter is available from: Organic Pasture at: 877-729-6455. Avoid Margarine. It's toxic.

RESVERATROL

This is a bioflavonoid that is derived from the skin of dark grapes. It can inhibit all 3 stages of cancer. Resveratrol can also return pre-cancerous cells back to normal. Available from Healthy Resolve at: 800-728-2288. For additional sources do a web search for "Resveratrol".

CESIUM CHLORIDE

This mineral has the ability to raise the cancer cell's pH level to 8.0 rapidly. Cancer cells cannot survive this level of alkalinity. A safe dose is 6 grams per day with meals. Available from Rainbow Minerals at: 800-642-9670, or Essence of Life at: 800-760-4947. Recommended reading: death by diets by Bob Barefoot.

HEALING CANCER NATURALLY

One of the best and most inexpensive publications on Alternative Cancer Therapies is the special Edition 2000 of the Well Being Journal: Healing Cancer naturally. Available from: The Well-Being Journal at: 888-532-3117.

THE DANIEL CHAPTER ONE PROGRAM

This formula consists of 7 herbs, Burdock Root, Sheep Sorrel, Siberian Ginseng, Cat's Claw, Slippery Elm, Winter Green and Turkey Rhubarb Root. It has been shown to be potent cancerfighter, in ch. Ovarian Cancer and Leukemia'. For details call: 800-504-5511. Also visit: www.danielchapterone.com.

VITAMIN "0"

Lack of sufficient cellular oxygen plays a significant role in the development and curing of cancer. One of the best oxygen supplements is Vitamin "0B, available from R. Garden at: 800-800-1927.

ARGININE

This amino acid is known for its wound-healing, immune-boosting, and cancer-fighting abilities. It's being used on an empty stomach 2 or 3 times a day. Arginine or L-arginine is available in most Health Food Stores.

MSR - 3

An extraordinary immune booster. Like MGN - 3, it contains the unique Arabinoxylane ingredient. Available from Swanson Health Products at: 800-824-4491.

ASPARAGUS

Has helped many people suffering from Hodgkin's disease, prostate, breast, lung, bladder and skin cancer, as well as leukemia and cancer of the mouth and other cancers. Results are usually achieved within 2 weeks to 6 months. The best way to take Asparagus (preferably organic) is making a puree from the uncooked vegetable in a blender, and then taking 4 full tablespoons twice daily, mornings and evenings. Best taken on an empty stomach.

DEEP DEFENSE

A very potent combination of 2 Chinese herbs (Astragalus and Ligustrum) restores white blood cell count in the bone marrow and rejuvenates red blood cells. Often taken before another round of ("dead| end) chemotherapy or radiation. Available as "Deep Defense" from Life's Vigor at: 661-589- 1818, or from Club Natural at: 800-570-8840. For more sources do a web search for "Astragalus Ligustrum".

SEA BIOTICS

A unique marine oil that has been used for a wide range of degenerative diseases, including lung and liver cancer. For details visit: SeaBiotics.com/legend, or call: 800-572-7321 (user name: legend).

CANCER - ITS CAUSES AND TREATMENT WITHOUT OPERATION

According to Dr, Robert Bell, cancer is a metabolic disorder. It is caused by hypoxia, the condition whereby cells suffocate due to a lack of available oxygen. Rather than dying, cells shift their fuel source primarily away from oxygen to an anaerobic mode resembling lower plant forms of life, which thrive on a diet consisting mainly of sugars. This book reveals some of the most suppressed cancer information. Available from: Crusador for \$30 (includes shipping) at! 800-593-6273.

BIRCH WATER TONIC

This is an old folk remedy, made from birch wood ashes, allegedly has snatched many advanced stage terminal cancer patients, including those with liver cancer, from the fangs of the grim reaper.

To make the tonic burn dried White Birch Wood in a clean open draft oven, wood furnace or fire- place so that the smoke can remove the sulphur. Do not burn anything else with the birch wood.

A short cord of birch wood should yield enough ashes for 4 gallons of birch water tonic. Add one quart of clean birch wood ashes to one gallon of spring water (no tap water). Do not use a bare metal container. A large enameled pot or canner is fine. Stir the ashes into the water and bring the water to a boil. Simmer for 20 minutes. Then let it stand overnight to cool and settle. Use hard plastic tubing to siphon the water into glass bottles. After all the water has been siphoned off put the remaining ash mud into a cheese cloth and squeeze/wring the remaining liquid into a container and add to the bottles. Before taking the tonic mix some of it with an equal part of freshly squeezed orange juice. Do not try to take the tonic undiluted. It tastes horrible. However, if mixed with orange juice it tastes quite pleasant. The standard dose is 4 oz. of the mixture per day. Very sick patients often take up to twice this amount. Don't drink too much at a time, but in little sips throughout the day.

The birch water tonic was analyzed by a lab and was found to contain 8 different minerals and one substance that could not be identified.

BECS AND NON-MELANOMA SKIN CANCER

The product that has worked well for people suffering from non-melanoma skin cancer is BECS. Do a web search for sources. There are plenty of them.

ESSENTIAL FATTY ACID -

Omega3 plays a very essential role in transferring vital oxygen from the blood stream to the cells. If not transferred to the cells oxygen-rich blood will be of little benefit. Sufficient oxygen in the cells prevents cancer as cancer cells cannot survive in an oxygen-rich environment. The fatty breast tissue requires a high concentration of omegas. But due to excessive consumption of processed foods women get very little of Natural, unadulterated omegas. What they get is an overload of processed or heat-deranged omegas. This type of omegas has not only lost its ability to transfer oxygen, but it is an outright toxin that has been linked to arteriosclerosis, thickening of the blood, heart disease and cancer, especially breast cancer. The results of a major study by Dr. W. C. Willard at Harvard University showed that women with the lowest intake of

unprocessed omegas had the highest rate of breast cancer. Omegas can alleviate existing cancers, but it's more effective in the prevention of cancer.

Another study by the University of Washington showed that the blood of over 200 patients who had died from heart disease contained high levels of trans linoleic acid, the deranged omegas found in hydrogenated vegetable oils and processed foods.

The healthiest ratio of omegas to Omega 3 is about 2 to 1 and not the reverse as often erroneously believed. Oils with a 2 to 1 omegas to Omega-3 ratio are Wheat Germ Oil, Hemp Oil, Borage Oil and Evening Primrose Oil. The oils must be uncooked or only slightly heated (warm) at the most to be of any health benefit. Processed foods and engineered oils are for suckers only. Sadly, there is one born every second. For more info. visit: www.Brianpeskin.com, click on "Book reviewers."

PHYTONUTRIENTS

Dr. West maintains that Cancer is not a localized disease, but a systemic disease that effects the entire body. That's why the entire body needs to be treated with an anticancer Phytonutrient Program for a powerful comeback, even if the patient undergoes radiation, chemo or surgery. For additional information do a web search for phytonutrients & cancer's. To request a free copy of the Encyclopedia of Phytonutrients call: 800-944-6465.

KLINIK stages I was told I had prostate cancer a year ago. My P.L.A. was high (44) and they said it was too far advanced and beyond surgery. They wanted to give me radiation. I opted for a natural cure in Germany. They use a short wave radio frequency to heat the body to 106 degrees Fahrenheit for about 3 hours. You are closely monitored by a doctor, and during this process they administer a low dose of chemo. It has no side effects. This follows nature very closely. In nature, when you are attacked by a bacteria or disease your body gets into a fever. That's what they do. They induce a fever.

When I returned home my P.S.A. had dropped to 0.16. After 6 months it had dropped further to 0.16. I take a host of nutrients from "Standard process. I feel great. I highly recommend this treatment. The web site (in German) is: www.klinik-st-georg.de. Paul B.

LOW-DOSE NALTREXONE

Naltrexone is a drug that is used to help dope addicts to withdraw from their vice. However, it has been found that Low-Dose Naltrexone is also effective in treating cancer. Physicians found that approximately

60% of patients for whom conventional treatment had failed experienced considerable improvement.

For more information do a web search for Low-Dose Naltrexone - cancer's.

CERVICAL CANCER

Indole-3-carbinol (I3C) is a calciferous vegetable extract that has been found to be effective against Cervical Cancer. In one study in which patients were given 200 mg to 400 mg I3C daily, half the women were in complete remission after 12 weeks. I3C is also being used in the treatment of smoother cancers.

BREAST CANCER AND IODINE

In the '60s & '70s iodine researcher Benjamin Eskin, M.D., pointed out the important role Iodine plays in women's breast health. He found that Iodine kills cancerous cells without affecting normal cells. Researchers in other countries have since confirmed Dr. Eskin's findings. A solution of 50% Lugol's Iodine and 50% of a 70% DMSO solution (for sufficient penetration), rubbed directly on the affected part of the breast and the lymph glands at the arm pits (where the cancer spreads first) has been shown to be effective. This procedure should be undertaken under the supervision of a doctor.

However, don't expect much cooperation from a conventional M.D. To find a local Naturopath contact The American College For Advancement In Medicine at: 888-439-6891 (www.acam.org), or The American Association Of Naturopathic Physicians at: 866-538-2267 (www.naturopathic.org). An under-active thyroid is usually a sign of iodine deficiency. Iodine supplements are available.

MANNER CLINIC

Dr. Harold W. Manner has been operating a successful clinic in Tijuana, Mexico, for over 10 years. treating many different cancers. His main tool is Laetrile. For information call: 800-433-4962 or 800-248-8431, |w.cancure.orfmanner-clinic.htm.

POMEGRANATE

Phenolic Ellagic Acid in Pomegranates is an effective anti-cancer agent. In a study of older men with Prostate Cancer the acid caused prostate cancer cells to die. One of the best Pomegranate supplements is E'straganate. Available in many Health Food Stores or from Doctor's Trust at: 800-240-6046, or from (Herb at: 866-328-1171.

AMINOCARE

'On Nov. 03 I was diagnosed with Prostate Cancer with a PSA of 183. An operation to remove the prostate could not be done because it was too large. I started taking Aminocare in mid November 14 along with my therapy. By March my PSA had dropped to 6, and in another month it was below 4. I am out of the danger zone and I will continue to take Aminocare" Ray N. Cleveland, OH Aminocare is available from Aminocare Products at: 800-856-8006. ww.aminocare.com.

ZEOLITE

Zeolite, a remarkable volcanic mineral complex, has shown to be a highly effective cancer fighter. Due to its negative charge Zeolite removes heavy metals and toxins from the body and improves alkalinity (pH level). In a study with 65 mostly stage 4 cancer patients, liquid Zeolite achieved a 78% cure rate and a 89% survival rate. In another study with 5 male patients of the ages from alto 69, suffering from liver cancer, prostate cancer, lung cancer, intestinal cancer and Crohn's disease, all patients experienced considerable overall improvement, increased body weight, and disappearance of symptoms. Zeolite activates the p21 gene which forces the cancer cell to die.

According to Italian anthologist and author Tulio Simoncini, M.D., "Cancer is a Fungus" (also title of his book). she root of all Cancer is an overgrowth of Candida Albicans (yeast/fungus). The accumulation of Mercury & Aluminum and Chemotherapy lay the perfect foundation for the overgrowth of Candida. Zeolite rids the body of heavy metals and other toxins, including candida." Noted Naturopath Dr. Ede Koenig, D.SC., PhD., proclaimed, "Not everybody who has a candida overgrowth gets cancer, but every-body who has cancer has a candida overgrowth."

The most effective form of Zeolite is powder. While liquid is considerably more expensive it has been shown to not bind heavy metals as completely as powder. Most cancer patients take 4 to 6 Zeolite capsules (size 00) or the equivalent in bulk powder suspended in a liquid 3 times a day, while drinking plenty of water for adequate hydration. Zeolite is also an extraordinary overall detoxifier and health enhancer. Supplemental Zeolite Powder is avail. from Cutting Edge Catalog at: 800-497-9516, or Get Healthy Again at: 800-832-9755. For more details and additional product sources do a web search for "Zeolite Supplements cancer's

MODIFILAN .

This substance is an extract from the seaweed Laminaria. Research has demonstrated Modifilan's remarkable ability to induce rapid cancer cell apoptosis (cancer cell death) in leukemia, stomach & colon cancer and other cancers, and to neutralize radioactive contamination of the body. Modifilan in seaweed is thought to contribute

considerably to the low breast cancer rate in Japan. Available from Body Works at: 877-663-3438, or from Naturo Doc at: 877-867-4743. For details do a web search [Modifilan.] A similar product is Limu Moui. For details do a web search for "Lime Moui - Cancer".

PANCREATIC CANCER

Korean researchers found that 'Gingerol', a compound of Ginger, inhibits cell growth and induces cell death in human Pancreatic Cancer cells. Pancreatic Cancer has been linked to high Refined Sugar consumption. DR-70 bloodiest This is the only known test that accurately screens for 13 types of cancer at the same time. If your doctor is not familiar with this test, he can call AMDL, Inc at: 714-505-4460, email: mkt@amdl.com.

SODIUM BICARBONATE

Renowned Italian oncologies Dr. Tullio Simoncini says he discovered that the cause of Cancer is a common fungus, Candida Albicans, and that virtually any cancer can be treated with the powerful anti-fungal agent Sodium Bicarbonate. Dr. Simoncini claims that he has successfully treated many types of cancer without his patients suffering any negative side effects. For more information visit: www.cancerfungus.com, w|.curenaturalicancro.com/cancer-therapy-simoncini-protocol.html, www.curenaturalicancro.com.

ARTEMESIA

A humble plant that grows in Southeast Asia is a proven remedy for malaria and Cancer. Chinese researchers found that the key to Artemesia's ability to induce cancer cell death is a peroxide linkage 15 (two oxygen atoms hooked together) within the herb's active molecule. For more information and product sources do a web search for "Artemesia - cancer's".

CRINUM

This herb from Vietnam has a long history as a Prostate and Ovarian cancer fighter. Improvement is often noticed in as little as 2 months. For details do a web search for "Crinum - cancers".

ENVITA NATURAL MEDICAL CENTER OF AMERICA

This treatment center - located in Scottsdale, AZ - uses over 100 natural therapies, which are applied according to the patients' needs. For more information contact the center at: 866830-4576, or visit: www.behealthyamerica.com.

WHEAT GRASS

In his book allow I Conquered Cancer Naturally" Eydie Mae writes that Abscisic Acid in Wheat Grass is remarkably effective against all types of Cancer. Freshly juiced Wheat Grass is available in many Health Food Stores.

NATURA

This Chinese encapsulated herbal formula is being used worldwide as an ejective cancer remedy. For a free info-pack call American Nutraceuticals at; 941-351-9334.

INDOLE-3-CARBINOL (I3C) A calciferous vegetable extract that has been used in the prevention and treatment of various cancers. One study involved women with Cervical Dysplasia who were given from 200 to 400 mg of I3C daily. After 3 months about 50% of the women had complete regression. I3C is available in many Health Food Stores or by mail through the Internet. Cervical Cancer has been linked to low levels of Folate.

COLOSTRUM

Colostrum is the first life-protecting secretion that a mamma! produces for its newborn. Among its many

benefits are extraordinary immune-boosting properties. Bovine Colostrum is biologically transfer- able to all mammals, including man. Since it is about 40 times more powerful than human Colostrum it is an essential part of successful alternative Cancer therapy. For more information and product sources do a web search for "Colostrum - cancer's.

SELENIUM

This trace element has shown remarkable anti-cancer capabilities, in both prevention as well as in treatment, including liver, prostate and breast cancer. The most effective form of Selenium is the 100% Whole Food selenium, which has 100 times the bioavailability of the more commonly used sodium selenite or selenomethionine. Whole Food Selenium is available from Crusador at: 800-593-6273.

INSULIN POTENTIATION THERAPY (IPT) was originally used to treat Cancer by Dr. Perez Garcia in 1945, and has been used successfully ever since. The treatment makes the use of chemotherapy so effective that only a fraction of the normal dose is necessary, which has no or minimal side effects. The remission rate for stage 1 & 2 patients with various Cancers has been about 80%. The results for the 'incurable' stage 3 & 4 have been mixed. Chemo-doctors hate IPT because it is relatively inexpensive compared to conventional chemotherapy, and has a dramatically higher success rate. For more details and to locate treatment centers do a web search for "Insulin Potentiation Therapy'.

BLOODROOT

This North American herb has been used by the natives for centuries to treat cancer. It contains anti-cancer/tumor properties alternative healers describe as almost unbelievable. Bloodroot is not a gentle healer. It relentlessly searches for and destroys cancer cells wherever it finds them throughout the entire body. The thorough removal of cancer cells may cause some initial discomfort. Bloodroot 16 has been successfully used against breast, prostate, pancreatic and other cancers. For more information visit: www.cancerx.org. A web search for black sabel's will provide related information.

THE BREUSS CANCER CURE

In his book of the above title Dr. Rudolph Breuss writes that he patients with a today special vegetable juice only therapy. Purchase his book for complete details.

The Breuss juice calls for these vegetables and ratios: Red Beet - 9 parts, Carrot - 3 parts, Celery Root - 3 parts, Potato - 3 parts, Black Radish - 1 part. All vegetables should be organic and must be juiced in their raw and unpeeled state. The regiment calls for this juice only, nothing else for 42 days. Any protein consumed during that time may doom the remedy to failure. Sounds more difficult than it actually is. The book gives complete guidance and details.

Natural Health Guru Dr. John Heinerman recommends thejuices of Beet, Cabbage, Apricot, Wheat Grass and Barley Grass as a remedy against cancer. Details can be found in his book entitled "Heinerhas cured over 40,000 Cancer man's Encyclopedia of Healingjuices|.

The healthiest and most effective juice for cancer therapy is made with a Twin Gear juicer rather than the conventional grinding disc-type juicer which tears and shreds. Twin Gears extract the juice by preening and crushing. This action is more gentle on the enzymes, breaks down the cell walls for more thorough assimilation, extracts more minerals, etc. and produces more, a richer and better tasting juice. The pulp is almost dry. For more information do a web search for "Twin Gear juicers.

If you use a conventional juicer, be aware that some of the most nutritious juice is left in the pulp, which is usually thrown away. A Pulp Press can extract most of the juice that is left in the pulp.

OPTIMUM HEALTH

For information regarding a week wheat grass, raw food, etc. detoxification program at a very reasonable cost visit: www.optimumhealth.6rg.

AMAS BLOOD TEST

this test will detect about 99% of all cancers up to 11/a years earlier than the much more intrusive and dangerous conventional tests. For details do a web search for "Ames Blood latest. Another noted test is the DR-70 blood test that can screen for 13 types of cancer at the same time.

PROSTATE CANCER

For a free Prostate Flyer describing a successful Prostate Cancer Protocol, send a self-addressed and stamped (2 stamps) envelope to: Health Alert, 100 Wilson Rd., #110, Monterey, CA 93940.

Write "PROSTATE" in large letter in the left lower corner.

LIVER CANCER

A compound called DARPA - pioneered by Dr. Ko - has been found to be especially effective against Liver Cancer. For details do web searches for B3-BrPA" and "John Hopkins Liver Cancer center's

AVEMAR

Avemar is an extract of fermented wheat germ. It has been proven to be effective against all types of cancer and alleviates the deadly effects of radiation and chemo therapy. Available from Betterlife.com at: 800-317-7150 or Fubao health Store at: 866-883-8226. For details do a web search for "Avemar.B

GINGEROLS

Korean researchers found that Gingerols, a component of Ginger, inhibit cell growth and induce cell death in human Pancreatic cancer cells. Pancreatic cancer has been linked to high refined sugar consumption. For availability do a web search for "Gingerols."

BRAIN CANCER

Dn Burzynski has been administering the ultimate therapy for brain cancer for many years. For more information contact: www.burzynskiclinic.com & www.burzynskipatientgroup.org. Ph: 713-335-5697.

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REISHI

Reishi, also known as Ling Zhi, Ling Zhih and Ganoderma Lucidum, is one of the most coveted Oriental Herbs. It is used for a vast array of disorders and diseases. Alternative health professionals use it extensively for all types of cancers, including breast, prostate, lung, liver and pancreas cancer.

Unpolluted and effective Reishi is available from: Quantum Nutrition (V-caps), Ph: 866-627-1577 Health Products USA, Ph: 866-877-2810, www.healthproductsusa.net (powder in caps) Mountain Rose Herbs, Ph: 800-879-3337, www.mountainroseherbs.com (sliced mushroom) To prepare Ling Zhih tea cut the mushroom into very small pieces, as small as possible. Simmer about 8 grams (a little more than 1/2 oz.) in 4 cups of Spring Water for 30 minutes on low heat. Don't use metal pots. Glass or coated/enamelled containers are preferable. You should end up with about 2 cups. Drink a half-cup twice daily. If too bitter sweeten with Stevia. Keep mushrooms stored in cool, dark place. Some users may get a little sleepy after consumption. If necessary take a little nap.

ACAI

The Acai berry grows in the Amazon Rainforest in Brazil, and is one of the most nutritious fruit on Earth. A study by the University of Florida and published in the Journal of Agriculture and Food Chemistry in Jan. of 2006 showed that certain components in the berry trigger self-destruction (apoptosis) of cancer cells. Acai juice

is not recommended, as it is pasteurized, thus greatly diminishing the effectiveness of the product. Organic, raw, freeze-dried Acai Powder is a preferable choice. Available from: Health Choice Naturals, Ph: 888-985-2808, |w.HealthychoiceNaturals.com
Healthy Acai, Ph: 888-337-8646, www.amazingacai.com
California Academy of Health, Ph: 800-643-7188, www.caoh.org
Sambazon, Ph: 877-726-2296, www.sambazon.com

Do a web search for "Acai cancer's and "Acai Extract" for more information and product sources. Grapes, Mangos and Guavas are also known cancer killers.

PROSTATE AND BREAST CANCER

'BioResponse DIM' is a vegetable extract. A Wayne State University study found that the compound stimulates self-destruction (apoptosis) of prostate cancer cells and inhibits the growth of new blood vessels in prostate cancer tissue. Although the study focused on prostate cancer, causes and treatment for breast cancer are quite similar. BioResponse DIM is available from: BioResponse Nutrients, Ph: 877-312-5777, www.bioresponse.com.

A web search for |BioResponse DIM' will yield additional information.

BREAST CANCER

Research by Immunologist Dr. Kris McGrath of Northwestern University in Illinois has linked the use of underarm Antiperspirants that contain aluminum to Breast Cancer. When toxins that are normally expelled through underarm sweat glands are trapped they tend to migrate to adjacent breast tissue where they can cause cancer. A preferable alternative to an antiperspirant would be a deodorant.

HEROLD MANNER CLINIC

Dr. Manner has helped hundreds of people recover from various types of cancer with Laetrile in his cancer clinic in Tijuana, Mexico. For more information do a web search for behold Manner Clinic, or call: 800-433-4962 or 800-248-8431.

SELECT CANCERS

The World Research Foundation collects research of natural remedies for many diseases. information on cancer of the following organs is available at a very reasonable cost: Bladder, Bone, Breast, Cervix, Colon, Kidney, Leukemia, Liver, Lung, Lymphoma, Ovarian, Pancreatic, Prostate, Skin, Uterus, etc. For more information call: 928-284-3300. www.wlorg.

PAU D' ARCO. CHAPARRAL AND RED CLOVER TEA

In April 1983, I became very ill. After being tested and x-rayed by my own doctor and a specialist, I was told I had cancer. I was immediately sent to a San Francisco hospital where I was extensively tested and x-rayed. I received the same diagnosis and the cancer had progressed and enveloped the lining of my right lung. Several doctors reviewed my case.; few days later I was told there was no treatment for this type of cancer. I insisted that I be released from the hospital with appointments to return.

My first return appointment was on May 17, 1983. I wasn't any better and was taking pills for pain. My next appointment was on June 14, 1983. More tests and x-rays were made. At this time the pills had to be increased for the severe pain I was in. My doctor told me that several doctors evaluated my case and didn't think I had over 6 months to live. During the conversation I asked the name of my type of cancer. He said it was the same type Steve McQueen died of (mesothelioma - usually related to asbestos exposure), and that it was a very fast acting cancer.

I told the doctor that I was going to attempt to treat myself through nutrition or any other method I could find. He said "sure, anything". It wasn't until the first week of July 1983, while visiting a friend that I learned about the combination of Pau D' Arco Bark, Chaparral Leaf and Red Clover Herb tea. His wife had heard that I had only a short time to live. She told me she had something that may cure me in 30 days. I had my doubts, but I was willing to try anything. When back home I immediately started drinking tea made with these three herbs (Pau D' Arco is also known as Taheebo, Ipe Roxo and Purple Lapacho). Within 24 hours I had no more pain.

A few days later after taking the tea and being on a very nutritious (primarily raw) diet, I began having excessive bowel movements which lasted about 21/a days. Immediately I started to feel much better. By August 2, 1983, I had been taking the tea for three weeks and two days. More tests and x-rays were taken to see how far the cancer had progressed. The doctor found that I no longer had cancer. My lung was clear. My amazed doctor asked me what I had done to cure myself.' When I told him of the teas, he cautioned me not to continue taking them (which of course I ignored). On Nov 1, 1983, I had my last checkup, and had no more cancer. I have told several people that had terminal cancer how I was cured. They tried it and were also cancer-free in a short time. I feel that the combination of the three teas and eating simple, nutritious foods is what healed my body. I'm glad now that my doctors considered chemo and radiation ineffective for my type of cancer. Had I undergone those treatments I'm sure they would have done me in. Robert A.

URINE THERAPY

No matter how unbelievable this story may sound to you, the truth is this simple approach to Cancer and hundreds of other ailments has an old history and is one of the most extraordinary and successful disease treatments the world has ever seen. Since there is no money in it this therapy is being kept out of the spotlight by Special Interest. Dr. Evagelos Danopoulos of Greece found that Urea found in urine has anti-cancer properties that disrupt the cancer cell's metabolic activities. Urine Therapy is being used to retreat cancers of the lungs, liver, breast, cervix, eyes, skin and other cancers. For more information do a web search for: urine Therapy cancer's suggested reading: 'Your Own Perfect Medicine' by Martha Christy. Isn't: 0963209116.

MODIFIED CITRUS PECTIN (MCPI MCP) contains a shorter sugar chain that interferes with the ability of the cancer cells to proliferate. Modified Citrus Pectin has been used successfully against cancers of the prostate, breast, colon, lung, and other cancers. Available from Golden Works at: 530-288-3261 or Bio Essence at: 510-215-5588.

For additional sources or information do a web search (of "Modified Citrus Pectin MCP cancer's

CHOLESTEROL

An extensive 1980 French study showed that the cancer rate increases as cholesterol falls below 200. Cholesterol, which is produced by the liver (incl. LDL), is a vital body chemical needed by every organ in the body, especially the brain.

CINNAMON & HONEY

Research in Australia and Japan has revealed that advanced cancer of the stomach and bones can be cured successfully with Cinnamon and Raw Honey. Patients took 1 tablespoon of raw honey mixed with 1 teaspoon of cinnamon powder for one month 3 times a day.

COCONUT OIL

After having had a mastectomy, lumpectomy and chemotherapy for breast cancer, I was diagnosed with a skull full of cancer just a few months later, and was given 2 months to live. At that time I came across some research about clinical trials for AIDS in the Philippines using Coconut Oil. I figured if Coconut Oil can boost the immune system and cure AIDS, it might work for my cancer. I started taking 4 tablespoons of Organic Extra Virgin Coconut Oil a day plus whatever I used in preparing my meals. I would add it to my oatmeal in the morning, put it in my hot chocolate and cook my meals in it.

I also snacked on fresh coconut and drank fresh coconut milk. When my doctors monitored the cancer six months later, to their complete surprise, the cancer had gone into remission. Today I continue to use this miracle Organic Extra Virgin Coconut Oil and I'm cancer free! Julie FWueroa

ARTEMISININ

This cancer remedy is a derivative of the forehead herb. Studies at the University of Washington showed Artemisinin to be effective against a wide variety of cancers, especially Colon Cancer and Leukemia. In one publicized case a patient suffering from Leiomyosarcoma with mets to the liver saw his tumors disappear within 4 weeks.

CURCUMIN

Curcumin has anti-cancer properties so potent that the drug companies are in a hurry to make drug versions. It inhibits the spread of cancer cells and induces cancer cell apoptosis. Curcumin is an ingredient of the common Ayurvedic spice Turmeric. Available in Health Food Stores, or from: Life Extension at: 800-54*4440.

PAO-PEREIRA

Dr. Mirko Beljanski's laboratory tests have shown that this extract from a Brazilian tree effectively suppresses proliferation of Cancer, Leukemia and HIV cells. Available from: Natural Source International at: 888-308-7066, or Tropilab at: 727-344-7608.

EXERCISE WITH OXYGEN THERAPY (EWOT)

Cancer cells cannot survive in an oxygen-rich environment. EWOT requires a small Oxygen Bottle or an Oxygen Separator and a small stationary piece of exercise equipment like a treadmill. In contrast to conventional exercise, EWOT is capable to not only enrich the blood with oxygen, but quickly transfer the oxygen from the blood to every cell of the body. For therapeutic purposes an output of about 95% pure oxygen and a flow rate of 8 to 10 lpm (liters per minute) is necessary. The least expensive short-term way would be the use of small oxygen bottles. In the long run oxygen separators/generators would be more economical. A good machine with the above mentioned output costs around \$2,000.

Chemo therapy depletes the body of oxygen, that's why patients who choose to go this route should also do EWOT. Unfortunately, virtually no main stream doctor will recommend this to cancer patients.

Vaccinations, smoking, major surgery and X-rays will also deplete the body's oxygen level. EWOT is also a very beneficial exercise for healthy people. For more information do a web search for 'begot cancer-' A good website is "w|.ozonegenerators.com." Click on |EWo-r-Exercise With Ozone training, then click on "Gold Medal Package" (most suitable package).

BETA GLUCAN

Beta Glucan is a complex sugar that empowers the immune system, and thus is effective against any cancer. The substance has been extensively studied, and is a major cancer treatment in Asia.

Available from Herbal Healer at: 870-269-4177 or Life Extension Vitamins at: 888-771-3905. For more information and product sources do a web search for "Beta Glucan cancer's 20

IMMPOWER AHCC

This formula is made from specially cultivated mushrooms. Its effective ingredient is activated hexose correlate compound (AHCC). The formula has shown to effectively induce cancer remission in human clinical trials. Also noticed were every surges and alleviation of chemo side effects. A similar product, called NK-9, is available for pets. For more information and product sources do a web search for |Immpower" and "NK-9.|"

MAPLE SYRUP & BAKING SODA

An effective and inexpensive cancer treatment that was pioneered by Dr. Jim Kelmun. The formula can be made from 2 simple household items. Mix one part of aluminum-free Baking Soda with 3 parts of 100% pure

Maple Syrup. Heat gently on a low flame while stirring for about 5 minutes until ingredients form a homogeneous mass. After cooling take (to teaspoons a day between meals. Cancer cells thrive on sugar, but cannot survive in an alkaline and oxygen-rich environment. The Maple Syrup is the bait, but the Baking Soda - due to its alkalinity (high PH level) and ability to introduce more oxygen into the cancer cells - will kill the cancer cells. In clinical tests terminal cancer patients have experienced a cure or improvement rate of over 90%. Works virtually for all types of cancer, including lung and breast cancer.

PROSTATE CANCER

One of the more innovative and successful Prostate Cancer Treatments is surgery and radiation- free High Intensity Focused Ultrasound (HIFU). It boasts a 94% success rate with minimal temporary side effects. For more information do a web search for "HIFU Prostate cancer's Be very leery about prostate Needle Biopsies. The up to 12 needle punctures create passages for cancer cells, thus spreading the cancer to adjacent tissue. Also, needle biopsies are not reliable, possibly missing the cancerous tissue giving the patient the false impression of being cancer free.

NICKEL AND BREAST / PROSTATE CANCER

For some not quite understood reason, breast tissue and the prostate attract the toxic metal Nickel. Harmful bacteria thrive on nickel. Thus these sites become the dumping ground for bad bacteria and eventually promote cancer. Stainless steel pots & pans and especially dental amalgam fillings are the main reasons for nickel poisoning. The common seaweed Kelp is effective in eliminating nickel from breast tissue and the prostate gland. Kelp is available in most Health Food Stores or Online.

STARVE YOUR CANCER

Eliminate processed foods, pasteurized dairy products, meat, and most cooked foods (only blanch your vegetables if you can't eat them raw). Also stop eating simple carbohydrates like white flour & rice, pasta, refined white sugar, and artificial sweeteners, especially Corn Syrup. We find Corn Syrup in hundreds of processed foods, ice creams and beverages. Read labels. These foods are acid-forming, deprive the cells of oxygen and feed cancer cells. Instead eat enzyme-rich raw organic fruits and vegetables, especially green leafy chlorophyll-rich vegetables. Avocados, raw cauliflower and broccoli also have cancer-inhibiting properties. Prescription drugs and radiation from wireless phones and computers also elevate acidity.

ADDITIONAL CANCER THERAPIES AND INFORMATION

Visit: www-cancertutor-com for additional insight on alternative cancer treatments.

USE SEVERAL THERAPIES SIMULTANEOUSLY

Different people have different body chemistries. What works for one individual doesn't necessarily work for another. You may not have time to try various remedies one after another. Therefore, it is prudent to use several promising remedies, at least 2 or 3, simultaneously.

POMEGRANATES

Phenolic Ellagic Acid in Pomegranates is a potent anti-cancer agent. In a study of older men with prostate cancer the acid caused the cancer cells to die. The ingredients of the Pomegranate are also effusive against high blood pressure, arteriosclerosis and heart disease. Second best to the fresh fruit are the supplements EstraGranate & CardioGranate.

THE DR. GONZALEZ REGIMEN

Regimen is based on strict organic and natural diet, detoxification, pancreatic enzymes, and works for virtually all cancers. When the enzymes are taken between meals in sufficient quantities they are extra-effective and actually kill cancer cells. Even hopeless pancreatic cancer patients experienced remarkable improvements. According to Dr. Gonzalez the overall success rate of his regimen is about 80%. www.dr-gonzalez.com.

PAO PEREIRA

Dr. Mirko Beljanski's laboratory tests have shown that Pao Pereira, an extract from a Brazilian tree, effectively suppresses proliferation of Cancer, Leukemia and HIV cells. Available from Natural Source International at: 888-308-7066, or Tropilab at: 727-344-7608. For more information do a web search for ipso Pereira-

CANCER & STATIN DRUGS

If you are fighting cancer it is imperative that you not take cholesterol-lowering Statin Drugs. These drugs depress cellular Oxygen levels which in turn promotes cancer.

PARTICULAR RPES OF CANCER

Dr. Ralph Moss has researched virtually all types of cancer, and is now offering some 200 extensive reports (several hundred pages) on various types of cancer and how to best treat them. The reports are not cheap, costing aper. \$300 to \$500 each, but in acute cases they are well worth the cost. For details visit: www-cancerdecisions.com.

Notes:- Herbs and Teas of excellent quality are available from: Herbal Healer Academy, 127 McClain Drive, Mountain View, AR 72560 Ph: 870-269-4177 www.herbalhealer.com
Mountain Rose Herbs, P.O.Box 50220, Eugene, OR 97405 Ph: 800-879-3337 www.mountainroseherbs.com

As an introduction, let me say that for the last ten years I have been the director of a non-profit cancer information center. The purpose of this information center is to gather information on natural, non-toxic and effective treatments for cancer and to disseminate most valuable information to cancer patients, doctors, researchers and health-minded people.

The primary method of dissemination of this information is through a book which I have written, entitled *March of Truth on Cancer*, now in its seventh edition. The book describes 80 safe and valuable cancer treatments which have saved many lives. In treating cancer successfully, three things must be accomplished: 1. The body must be detoxified, 2. The malignancy must be eliminated, and 3. The body must be regenerated and the deficient nutrients replaced. While many factors play a role in causing cancer, the primary cause is toxemia. The toxins come from two sources - external and internal. The external poisons come from cooked/refined foods, food additives, preservatives, pesticides, prescription drugs, hormones, etc.

The internal source of toxins in the body are the waste products of metabolism. Nature intended that these cellular wastes be continually cleansed from the body cells with raw fruits and vegetables, or their juices. In order to detoxify, one must internally clean out the body. This can be done slowly by changing to a diet of raw fruits and vegetables and their juices - or more quickly by also including detoxifying herbs, herb roots, plant roots, sea plants, diatomaceous earth, chlorophyll, vitamins A and E, and high dosages of niacin and Vitamin C. Ginseng helps to detoxify and prevent cancer from forming and metastasizing.

Russian ginseng is especially effective. Red ginseng helps to clear out the lymphatic system. Fo-ti-tieng root is a powerful detoxifier. Other good detoxifying herbs include a combination of rhubarb root, golden seal, dandelion root, gota kola, gravel plant, cuscuta aseptic, Irish sea moss, and the enzyme ananase from the pineapple root. Diatomaceous earth tablets eliminate morbid materials in the body. It is rich in silicon, which is Nature's surge. The body has many lines of defense against cancer. These include the liver, the pituitary gland, the pancreas, and the thymus. In addition, there are various growth regulators in the body.

The detoxification process will cleanse all of the organs. It is very important that the liver and the intestinal tract be cleansed, as well as the pancreas, kidneys, lungs, spleen, the endocrine glands, etc. Remember that there are generally some unpleasant reactions in the body which accompany detoxification, but these are only temporary. These side effects might include nausea, vomiting, weakness, cramps, night sweat, headaches, other aches and pain, nervousness, depression, perhaps palpitation of the heart, and perhaps burning in the rectal area and from the urine because of the acid wastes being eliminated. If the symptoms are too severe and the cancer seems to be breaking up too fast and throwing too much dead toxic material into the bloodstream, then the treatment can be reduced to a more tolerable level, perhaps by reducing the intake of the specific cancer destroyers.

To assist detoxification, a diathermy treatment over the liver, after taking detoxifying herbs, chlorophyll, diatomaceous earth tablets and nutrition, will result in a very good elimination from the liver. Castor oil packs over the liver may also help if the patient is not allergic to it. An American product called Deturge will help to clean the intestinal tract mechanically by forcing black strips of impacted material from the intestines. This product, which swells up in the colon, can be taken before going on the detoxifying herb program. There are many good organic fruits and vegetables and their freshly made juices which a cancer patient can take. These include grapes, apples, papayas, black cherries, cranberries, beets, carrots, celery, and lactic acid fermented juices and foods. Fruits are best taken in the morning and vegetables in the afternoon and evening.

Viscolaticum and fermented muesli are also good. Lactic acid fermented beet root juice and powder

(containing anthrocyans) will increase the oxidation in the body cells from 350% to 1,000%. Remember that when wastes and poisons accumulate in the body cells to the point where the cells do not receive sufficient oxygen, the cancer virus becomes active and the cells become malignant. Therefore anything which increases oxidation in the body cells is valuable. One product which puts oxygen directly into the cells after taking it by mouth is Macalozone, an American product which has cured cancer.

The best approach to treating cancer successfully is to use a combination of the best treatments and the best diet, rather than to use a single treatment. One of the most successful treatments now used in the United States is that of Dr. William Kelley of Texas. Dr. Kelley's method includes detoxification, diet, and supplements. This includes two pancreatic enzymes (trypsin and chymotrypsin), vitamins, minerals, blackstrap molasses, raw almonds, a comfrey-pepsin tablet which clears away the execs mucous on the intestinal walls, thereby aiding assimilation, a pre-digested protein product, and a combination digestant tablet which includes betaine hydrochloric acid, ox bile, papain, pepsin and pancreatic.

The best single treatment for cancer I know of is Tekarina, an investable derived from seaweed which was developed by Guiseppe Lo Monaco of Tecate, Mexico. It is said to have a cure rate of between 80% and 90% with some 17,000 patients. Among other things, Tekarina ads as a detoxifier and also cures many other ailments besides cancer.

Lactic acid cottage cheese is a good source of protein for the cancer patient. A mixture of cottage cheese and linseed oil is also very good. Personally, I disagree with Dr. Kelley's recommendation of nuts and grains in the early stages of treatment and his use of epsom salts. Needless to say, the cancer patient should refrain from eating refined and processed foods, toxic cooked foods, meats and anything with harmful additives or which would increase the level of toxins in the body.

Correct food combination should also be followed. Volcanic earth minerals are good for replacing the deficient minerals in th cancer patient. Lactobacillus bilious is very important. It should normally comprise about 80% of the intestinal flora, while acidophilus should amount to about 20%. Both should be taken. Incidentally, biopsies are dangerous. For instance, the Squamous cell type of cancer can spread throughout the entire body within eight minutes after taking a biopsy. There are many other treatments for cancer which I don't have time to discuss now, but you will find many of them in my book, March of Truth on Cancer.

In conclusion, we need to have a better exchange of cancer and health information and also a better exchange of cancer and health products between the United States and Europe. If anyone is interested in exchanging information or in using each other's products, please write to me.

Nobody should die of cancer. Cancer is definitely a curable disease, when safe, non-toxic, effective methods of nature are used. Speech delivered May 29, 1973 by Arlin J. Brown at the First World Congress on L'Altra Medicina, San Remo, Italy.

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88 YEAR OLD MAN HEALS SELF OF CANCER WITH NUTRITION AND LIFESTYLE

FROM THE DESK OF FRED CASILE

March 11,
1991
The Perfect Health Foundation
P.O. Box 395
Thiensville, WI. 53092

4845 Pine Hill
Leesburg, Florida 34748
(904)787-9652

HEAL THYSELF

Here is my story

My prostate surgery was in 1978. Biopsies showed slight cancerous cells. It was suggested to have annual digital exams, which I did faithfully.

In 1982 I began feeling slight pains in my hip and lower back area. I am an avid walker, doing 2 miles or more daily at a 15 minute mile rate. No slouchy stroll! After a few months I noticed my left knee began acting up... never had a knee ache before.

Had a bone scan taken which showed us that the cancerous cells were proceeding to enter my bony structure.

In our new home I arranged for a reverse osmosis system to be sure of my water intake and adding a supplementary program of vitamins & minerals ... A B-complex, C,E, Lecithin, Co Enzyme Q 10, Selenium, Beta Carotene, Calcium, Zinc, Magnesium, & Boron

My diet was changed to grains & nuts-seeds; fruits of all kinds FRESHvegetables fresh. Used the steamer for the veggies. NO meats; dairy products; sugars; white flours; desserts. No booze-little dry wine.

In September of 1990 the exray of the bone scan showed NO biological problems. NO pain now. Back to normal gait of my walking. I added rebounding to my program. That's my success story.

Oh my age...in June I'll be 88.



"Be merciful, and you shall receive mercy".



P.O. Box 199 Cedarburg, WI
53012 Phone 262-377-2764
www.phpower.org