

Awakening the *creative* Christ Self

These two pages are for Christians enjoying good lives who want to help others enjoy good lives. If more Christians understood these pages millions of lives could be transformed in wonderful ways. It's all about awakening *the creative Christ Self*. In the beginning God, Father and Son, *created* heaven and earth" Genesis 1:1-John 1:3. *Creative* describes our creator. Why not us too as children of God "born of God" *like Parent like child?* How far can an apple fall from a tree? If it's too far don't fret. You can fix it. Read on with joy.

The Joy of Life working at its best

Think about what you enjoy most in life. It could be something simple like digging your fingers in garden dirt, or climbing a mountain. It is most likely something you're good at: writing a book, song, poem; cooking a new dish; teaching; painting; fixing; conducting, building; playing a sport; running a business etc. It could also be taking time to quietly pray, meditate on the stars, worship, receive communion. Whatever you do with a whole heart says *life is working*. You are "lost in time" as a *creative* being, not a robot or zombie; "in the moment" not buried in past tears or future fears. Think "*Unless you change and become as a child*" open, honest, trusting, unpretentious etc. Matt 19:3. Also "*In Him was life*" (John 1:4) and that life "*abides*" in you if you "*abide*" in Him John 15:4. "*I have come that they may have life, and have it more abundantly*" John 10:10. It's a beautiful picture – and some get it.

But some miss it. Many of us are indeed "in the moment" expressive, warm, engaging etc. Others find their feelings suppressed, repressed, depressed – a light hidden under a basket. How do you *express* your light? Is it "*Let your light so shine before men that they may see your good works and glorify your Father in heaven*"? Matt 5:16? - OR - is your light a little dim, too dim to be healthy? If so, don't think you can't learn to shine more. *You can but -*

Enguarde, there are enemies of light and life!

This is a warning. There are enemies to the creative Self - *to light, life, wholeness*. The Spirit has enemies that would ignore, deny, depress, suppress, cover up, crucify it. Leading the way is ignorance followed by indifference, disbelief, death – enemies of the creative Self, *of life, of Christ*. For some the "creative Self" is half dead as Jesus noted in Luke 9:60 "*Let the dead bury the dead*". What are you to do if you find yourself *not* creative – only half alive?

GOOD NEWS - the major enemy is ignorance. *This is fixable!* You can shine more. You can do something about it. First the gospel of course, then come problems of *body chemistry and systems out of balance* due to processed junk foods, sweet drinks, addictions, GMO and pesticides, chemical toxicity etc. When body chemistry is off *brains and minds follow*, a law

of biology and a missing link to the **Wholeness of Christ**. *This is fixable* if churches will step up to teach “temple care”. Ignorance is not bliss. It opens a Pandora box of hellishness.

Pandora box of hellishness - if blood sugar is too low emotions easily get out of control. Brain cells need their “sugar” or it’s the “sugar blues”. We don’t call our loved ones “honey” and “sweetie” for nothing. Blood sugar imbalances may cause seizures and panic attacks but these are the least of problems. According to James Balch M.D. sugar issues relate to “short temper, irritability, extreme aggression” - *think violence*. Blood sugar is only one aspect of body chemistry that affects thought and behavior. Throw oxygen/CO2 issues into the mix related to pH (acidity) - or body temperature HYPER or HYPO with 1000+ enzyme systems and hormones misfiring – now digestion breaks down too. Who rejoices at constipation and bellyaches? Later come things like heart attacks, cancer, Alzheimers etc. Body systems in or out of balance set the stage for “*life and death, blessing and cursing*” Deuteronomy30:19.

Pastors, priests, churches, seminary students - please take notice

Body chemistry, lifestyle, self-control, fasting, nutrition, respect for the environmental integrity of life as God made it - all set the stage for life to work on the SON-side or the **dark side**. The spark weakens from day one if baby is fed by bottle, not by breast. There goes wholeness of bone, brain, teeth, and thought - some hurts lasting a lifetime. After infancy the dimming and damning may continue with too much rote training and too little freestyle playing and running. Throw in junk foods and behavior problems are guaranteed to arise.

Some hellishness carries into adulthood with mental disorders, mass killings, homicides, suicides, jail, surprise funerals. All of these only hint at “fruits” *when wrong SEED is planted*. As John Diamond M.D. and others point out, when life energy weakens smiles also weaken; posture slumps; immunity crashes; self-destruct takes over. *Life has lost its salt-zip-flavor!* Now it’s time to show mercy. It’s time to teach **God’s Plan for Making a Healthy Baby** and **gospels of kindness for big and little ones** - download from homepage www.phpower.org.

Saving grace - we are told to trust God with the details (Matthew6: 25-31) but some are busy messing things up for others while few teach the **Wholeness of Christ**. The result is pain and suffering that hurts the very young and very old the most. Truth is the saving grace for babies, bodies, souls, America, but someone must teach it. Blessed are you if you enjoy a good life and pass this message on with an email click so others can also enjoy good lives. Learn more with free resources at www.phpower.org. *Bless and you shall be blessed*.

Documents, resources, references

Matthew, Mark, Luke, and John – **focus on letters in red**. **Body and Soul repair** www.phpower.org
Nutrition and Physical Degeneration Weston Price D.D.S; **The Body Doesn’t Lie** John Diamond M.D; **The Biology of Belief** Bruce Lipton Ph.D. - books available at local bookstores or amazon.com

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